

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
WIDYA LARA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D
DI PRAKTIK MANDIRI BIDAN HASNA DEWI KOTA PEKANBARU
TAHUN 2023**

xi + 132 Halaman + 13 Tabel + 12 Lampiran

ABSTRAK

Continuity Midwifery of Care merupakan serangkaian kegiatan pelayanan kebidanan yang berkesinambungan. Metode CoMC ini bertujuan untuk memantau kesejahteraan dan menjamin ibu mampu mengakses pelayanan kesehatan yang berkualitas mulai kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny. D $G_4P_3A_0H_3$ diberikan di Praktik Mandiri Bidan Hasna Dewi Kota Pekanbaru dari bulan November 2022-Januari 2023 mulai usia kehamilan 35-36 minggu. Asuhan diberikan sebanyak 13 kali kunjungan yaitu 5 kali kunjungan kehamilan Trimester III, persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Selama kehamilan Trimester III, ditemukan keluhan sering BAK, nyeri pinggang dan nyeri perut bagian bawah. Ibu diberikan pendidikan kesehatan dan diajarkan kompres jahe sehingga keluhan nyeri pinggang dapat diatasi. Pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN), memberikan asuhan *Birthball* untuk mempercepat kemajuan persalinan dan massage punggung untuk mengurangi rasa nyeri. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 3400 gram, jenis kelamin perempuan. Pada awal nifas ASI belum lancar dan cara mengatasi masalah yaitu memberikan pendidikan kesehatan tentang perawatan payudara, pijat oksitosin dan pemberian sayur daun katuk, sehingga masalah dapat diatasi. Asuhan nifas lain yang diberikan adalah senam nifas, konseling keluarga berencana, skrining EPDS, LATCH, REEDA dan ibu memutuskan menjadi akseptor KB suntik 3 bulan. Pada masa neonatus dilakukan pijat bayi dan ASI eksklusif untuk meningkatkan berat badan bayi. Dimana terjadi kenaikan berat badan bayi sebesar 3400 gram menjadi 4100 gram pada usia 14 hari. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan,
Nifas, dan Neonatus**

Referensi : 74 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2023
WIDYA LARA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. D AT INDEPENDENT
MIDWIFERY PRACTICE HASNA DEWI PEKANBARU CITY, 2023**

xi + 132 Pages + 13 Tables + 12 Appendices

ABSTRACT

Continuity Midwifery of Care is a series of continuous midwifery service activities. The CoMC method aims to monitor welfare and ensure mothers can access quality health services starting from pregnancy, childbirth, postpartum, and neonates. Comprehensive and continuous care for Mrs. D was given at the Hasna Dewi Independent Midwife Practice in Pekanbaru City from November 2022-January 2023, starting at 35-36 weeks of gestation. Care was provided for 13 visits, namely five for third-trimester pregnancy and delivery, four postpartum, and three for three neonatal visits. During the third trimester of pregnancy, complaints of frequent urination, low back pain, and lower abdominal pain were found. Mothers are given health education and taught ginger compresses to overcome complaints of low back pain. Delivery assistance is carried out according to Normal Childbirth Care (NCC) standards, providing Birthball care to accelerate the progress of labor and back massage to reduce pain. The baby was born spontaneously, cried loudly, had good muscle tone, active movement, a weight of 3400 grams, and was female gender. The beginning of postpartum breastfeeding is not smooth. The way to overcome the problem is to provide health education about breast care, oxytocin massage, and giving katuk leaves to overcome the problem. Other postpartum care provided is postpartum exercise, family planning counseling, EPDS screening, LATCH, REEDA, and the mother decides to become a 3-month injectable family planning acceptor. In the neonatal period, infant massage and exclusive breastfeeding are carried out to increase the baby's weight. There is an increase in baby weight from 3400 grams to 4100 grams at 14 days. It is recommended that midwives as health workers can maintain the provision of comprehensive and continuous midwifery services, especially care for pregnant women, childbirth, postpartum, and neonates.

Keywords: Midwifery care, pregnancy, childbirth, postpartum, neonates

References: 74 References (2013-2023)