

ABSTRACT

Indah Puji Lestari (2023), Nursing Care of Type II DM Patients with Nursing Problems of Instability of Blood Glucose Levels in the Working Area of the Rumbai Health Center. Scientific Writing on Nursing Care, DIII Nursing Study Program, Department of Nursing, Health Polytechnic, Ministry of Health, Riau. Advisor (I) Ns. Arrdeny, S.Kep, M.Kep Supervisor (II) Ns. Nia Khusniyati M, S.Kep. M. Kep

Diabetes Mellitus (DM) is a group of metabolic diseases characterized by hyperglycemia that occurs due to irregularities in insulin secretion, insulin activity or both. Instability of blood glucose levels is a major nursing diagnosis and can be treated with nursing care. The research method used was a case study descriptive research, which was carried out for 3 days in the Rumbai Health Center Work Area. The results of the study were obtained in subjects 1 and 2 with nursing problems, instability of blood glucose levels associated with insulin resistance, after old 3 x 24 hours of nursing care in managing hyperglycemia, the results showed that blood glucose levels became more stable and decreased.

Keywords: Diabetes Mellitus, Glucose Level Instability, Nursing Care