

## **ABSTRACT**

Faradilla Hammadi (2023). Nursing Care for Pregnant Women with Hyperemesis Gravidarum in the Working Area of the Pekanbaru City Health Center. Case Study Scientific Writing, Riau Nursing Study Program, Department of Nursing, Riau Ministry of Health Health Polytechnic. Advisor (I) Melly,SST,M.kes, (II) Ns.Syafrisar Meri Agritubella,S.Kep.,M.Kep

Hyperemesis gravidarum is a condition where pregnant women in the first trimester experience excessive nausea and vomiting which can interfere with the activities and general condition of the mother and affect the condition of the fetus. Management of hyperemesis gravidarum is carried out with the aim of eliminating or reducing nausea and vomiting. Describes nursing care for disturbance of feeling of comfort: nausea in pregnant women with hyperemesis gravidarum in the working area of the Pekanbaru City Health Center. The method used is descriptive by comparing the results of nursing care performed on two clients of pregnant women with hyperemesis gravidarum through nutritional management by recommending eating little but a lot, recommending drinking milk for pregnant women. Hyperemesis gravidarum patients complain of nausea, vomiting more than 10 times a day to the point of disturbing client activity. The main nursing diagnosis that appears in Ny.M is the risk of nutritional deficits and in Ny.R is nutritional deficiency. The results of the evaluation showed that Ny.M the client could control nausea, there was a decrease in the frequency of vomiting, and her appetite increased gradually, while Ny.R the client could control nausea, the frequency of vomiting decreased, and her appetite decreased.

Keywords: Hyperemesis Gravidarum, Nausea, Primigravida