ABSTRACT

Al Azhar Rambe (2023). Application of classical music therapy to reduce hallucination symptoms in patients with sensory perception disorders (auditory hallucinations) at the Tampan Hospital in Pekanbaru. Case Study Scientific Writing, Riau DIII Nursing Study Program, Department of Nursing, Riau Ministry of Health Health Polytechnic. Advisor (1) Husnan, S, Kp, MKM (II) Ns. Usraleli, M. Kep.

Hallucination is a sensory perception without any external stimulus. Hallucinations are usually caused by several factors, namely schizophrenia, dementia and severe depression with symptoms of psychosis. People with auditory hallucinations may appear to be talking to themselves and are agitated. The purpose of this study was to provide an overview of the effect of implementing strategy (SP) and classical music therapy on mental patients with sensory perception disorders (auditory hallucinations) at the Tampan Mental Hospital Pekanbaru. This research is descriptive in nature by comparing two subjects who were conducted on April 7-20 April 2023. The subjects in this study were two patients with auditory hallucinations with the criteria of starting to cooperate. The results of the study of the application of music therapy to reduce symptoms of auditory hallucinations for 13 days showed that there was a decrease in signs and symptoms of hallucinations with the total score decreasing from before the intervention was carried out in both subjects. The conclusions and suggestions from this study are that the application of classical music therapy and implementation strategies have an effect on reducing signs and symptoms in patients with sensory perception disorders (auditory hallucinations).

Keywords: Hallucinations, Implementation strategy, Classical Music Therapy