

ABSTRACT

Navisya Putri (2023), Nursing Care of Type II Diabetes Mellitus Patients with Risk for Nutritional Deficits. Case Study Scientific Writing, Nursing DIII Study Program, Riau Ministry of Health Health Polytechnic. Advisor (I) Ns. Wiwiek Delvira, M.Kep, (II) Ns. Nia Khusniyati M. Ners, M.Kep, Examiner (I) Ns. Yoza Misra Fatmi, M.Kep, Sp.Kep. MB, (II) Ns. Erni Forwaty, S.Kep, M.Kep.

Diabetes Mellitus is a chronic (chronic) disease in the form of a chronic metabolic disorder due to the pancreas not being able to produce enough insulin or the body not being able to use insulin effectively which causes blood sugar levels to exceed normal limits. compatible with diabetes mellitus. The purpose of this paper is to be able to perform nursing care for patients with Diabetes Mellitus Type II with nutritional deficiencies and risks. The research design used in this paper is descriptive in the form of a case study. The risk problem that arises in Type II Diabetes Mellitus patients is the risk of decreased nutrition, the intervention that is carried out is nutritional management. Developmental care which was carried out for 3 days resulted in the risk of decreased nutrition being resolved with the evaluation results obtained knowledge about the DM diet increased, appetite increased, food portions increased, anxiety decreased, and nausea decreased.

Keywords: *Diabetes Mellitus, Risk of Nutrition Deficit*