

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
MIFTAHURRAHMAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB DINCE
PEKANBARU**

xi+ 117 Halaman + 8 Tabel + 10 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus adalah dengan asuhan kebidanan yang berkesinambungan. Keberhasilan program kesehatan ibu dapat dinilai melalui indikator utama angka kematian ibu (AKI). Upaya percepatan penurunan AKI dapat dilakukan oleh bidan dengan metode *Continuity Of Midwifery Care* (COMC). Laporan tugas akhir ini bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.A di Praktek Mandiri Bidan Dince kota Pekanbaru. Asuhan kebidanan ini dilaksanakan dari bulan Desember 2022 s/d Maret 2023. Pada kontak pertama dengan Ny. A G3P2A0H2 usia kehamilan 31-32 minggu dengan kehamilan resiko sangat tinggi (KRST) dengan skor KSPR 14, yaitu riwayat SC dan Vacuum. Dilakukan 4 kali kunjungan pada masa hamil. Selama kehamilan ditemukan keluhan nyeri pinggang, dilakukan asuhan, ketidaknyaman ibu dapat diatasi. Persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN) dan berlangsung normal dengan laserasi derajat dua. Bayi lahir pukul 21.00 wib tanggal 11 Februari 2023 jenis kelamin laki-laki, dengan BB 3.500 gram dan PB 53 cm. Pada masa nifas Ny.A P3A0H3 didapatkan skor EPDS 1. Ibu memilih KB IUD. Pada masa neonatus dilakukan pijat bayi pada hari ke tujuh, serta terjadi kenaikan BB bayi sebanyak 1100 gram pada hari ke 24. Bidan diharapkan untuk mengaktifkan kembali kelas senam hamil agar dapat mengatasi ketidaknyamanan seperti nyeri pinggang pada ibu hamil.

Kata Kunci : *Asuhan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus*
Daftar bacaan : 50 referensi (2013-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2023
MIFTAHURRAHMAH**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. A IN MIDWIFERY
INDEPENDENT PRACTICE DINCE IN PEKANBARU CITY**

xi+ 117 Pages+ 8 Table + 10 Attachements

ABSTRACT

Continuous midwifery care is one prevention effort to treat pregnancy, childbirth, postpartum, and neonate complications. The success of the maternal health program can be assessed through the leading indicator of the maternal mortality rate (MMR). The efforts to accelerate (MMR) reduction can be carried out by midwives using the Continuity of Midwifery Care (CoMC) method. This final report aims to provide care for third-trimester pregnancy, childbirth, postpartum, and neonates by documenting SOAP to Mrs. A at Practice of Midwife Dince, Pekanbaru city. This midwifery care is carried out from December 2022 to March 2023. At the first contact with Mrs. A G3P2A0H2, gestational age 30-31 weeks with very high-risk pregnancy (VHRP). 4 visits were conducted during the pregnancy. During this time, complaints of low back pain were found, care was taken, and the mother's discomfort could be overcome. The childbirth was carried out according to the standards of normal childbirth care (NCC) and generally took place with a second-degree laceration. The baby was born male at 21.00 WIB on February 11, 2023, with 3,500 grams of body weight and 53 cm of body height. During postpartum, Mrs. A P3A0H3 obtained an EPDS score of 1, and Mrs. A chose IUD birth control. Neonates care was given baby massage care which increased the baby's weight development, Baby massage was done on the seventh day, and there was an increase in body weight of 1100 grams after giving a massage at 24 days. Midwives are expected to reactivate pregnancy exercise classes to deal with discomfort, such as low back pain in pregnant women

Keywords : *Care for pregnancy, childbirth, postpartum, neonates*

Reference : 50 reference (2013-2021)