

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MARET 2023**

**KURROTUL AIN PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.R DI PMB SITI  
JULAEHA KOTA PEKANBARU TAHUN 2023**

**xii + 96 halaman + 3 tabel + 20 lampiran**

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**ABSTRAK**

Continuity Of Midwifery Care (CoMC) merupakan salah satu model asuhan kebidanan yang dapat berkontribusi dalam penurunan AKI di Indonesia. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan untuk mendeteksi dini dan mencegah komplikasi sejak masa hamil, bersalin, nifas dan neonatus. Asuhan ini diberikan pada Ny.R G<sub>3</sub>P<sub>2</sub>A<sub>0</sub>H<sub>2</sub> di PMB Siti Julaeha kota Pekanbaru dari bulan Desember 2022-Februari 2023. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan dengan keluhan yang ibu alami adalah nyeri pinggang yang dapat diatasi dengan kompres hangat dan *Braxton Hicks* yang dapat diatasi dengan teknik relaksasi, istirahat dan pemberian pendidikan kesehatan. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN) dan Kala I-IV Ny. R berjalan lancar. Sebelumnya pada asuhan kala I diberikan asuhan sayang ibu dan terapi komplementer seperti *massase efflurage* dan *countur pressure* untuk mengurangi rasa nyeri persalinan. Kunjungan nifas dilakukan sebanyak 4 kali kunjungan. Ibu diberikan vitamin A dan diajarkan teknik menyusui, pemenuhan nutrisi selama nifas, pendidikan kesehatan dan ibu menggunakan KB Suntik 3 bulan. Asuhan bayi baru lahir dan neonatus dilakukan sesuai dengan standar, kunjungan neonatus dilakukan sebanyak 3 kali kunjungan untuk memantau pertumbuhan dan menilai komplikasi yang mungkin terjadi. Selama kunjungan bayi diberikan perawatan tali pusat, pijat bayi dan ASI Eksklusif. Diharapkan bidan melakukan asuhan kebidanan berbasis *CoMC* dengan pelayanan secara menyeluruh dan berkesinambungan sesuai dengan standar pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas, dan bayi baru lahir seperti melakukan kunjungan nifas sebanyak 4 kali serta kunjungan neonatus sebanyak 3 kali.

Kata kunci : Asuhan Kebidanan Ibu Hamil, Bersalin, Nifas dan Neonatus

Daftar bacaan : 62 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC, RIAU  
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MARET 2023**

**KURROTUL AIN PUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. R AT PMB SITI  
JULAEHA IN PEKANBARU CITY 2023**

***xii + 96 pages + 3 tables + 20 attachments***

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**ABSTRACT**

*Continuity Of Midwifery Care (CoMC) is a model of midwifery care that can reduce MMR (Mother Mortality Rate) in Indonesia. This final project report aims to provide comprehensive and continuous midwifery care to detect early and prevent complications during pregnancy, childbirth, postpartum, and neonates. This care was provided to Mrs. R G3P2A0H2 at PMB Siti Julaeha Pekanbaru city from December 2022-February 2023. During pregnancy, four visits were made with complaints that the mother experienced low back pain, which could be treated with warm compresses, and Braxton Hicks, which could be treated with relaxation techniques, rest, and health education. Delivery care is under Normal Childbirth Care (NCC) and Kala I-IV Ny. R runs smoothly. Previously, during the first stage of care, maternal care was given, and complementary therapies such as massage effleurage and contour pressure to reduce labor pain. Postpartum visits were carried out four times. Mothers are given vitamin A and taught breastfeeding techniques, nutrition fulfillment during childbirth, health education, and mothers using 3-month injection birth control. Newborn and neonate care was carried out according to standards, and neonatal visits were carried out three times to monitor growth and assess possible complications. During the visit, the baby is given umbilical cord care, massage, and exclusive breastfeeding. Midwives are expected to provide CoMC-based midwifery care with comprehensive and continuous services following midwifery service standards starting from pregnancy, childbirth, postpartum, and newborns, such as making four postpartum visits and three neonatal visits.*

**Keywords** : *Midwifery care for pregnant women, childbirth, postpartum and neonates*

**Reading List** : *62 references (2013-2023)*