

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023  
AMILIA ELZA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PMB ROSITA  
PEKANBARU**

**xiv+ 110 Halaman+ 9 Tabel+ 10 Lampiran**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak salah satunya dengan metode kebidanan yang komprehensif dan berkesinambungan. Studi kasus ini bertujuan untuk memantau kesejahteraan ibu dan janin, dan deteksi dini mulai dari kehamilan trimester III, bersalin, nifas, dan neonatus di PMB Rosita Kota Pekanbaru. Asuhan kebidanan Ny.S G2P1A0H1 diberikan pada kontak pertama pada usia kehamilan 28 minggu pada tanggal 22 November 2022 sampai dengan 5 Maret 2023 yaitu 3 kali kunjungan hamil, keluhan yang dialami Ny. S yaitu nyeri punggung bagian bawah dan sering BAK. Asuhan yang diberikan sesuai kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai Standar Asuhan Persalinan Normal (APN), Bola persalinan untuk mempercepat penurunan kepala bayi dan massase punggung untuk mengurangi rasa nyeri saat persalinan, bayi lahir spontan BB: 2900 gram PB: 50 cm, Pengeluaran darah  $\pm 150$ cc, kontraksi baik, plasenta lengkap, laserasi jalan lahir derajat I. Pada kunjungan masa nifas dengan heting derajat 1 dilakukan 4 kali, masalah yang dialami nyeri luka perineum dilakukan asuhan perawatan luka perineum, ASI belum lancar asuhan yang diberikan yaitu pijat oksitosin dan teknik menyusui, serta konseling keluarga berencana. Pada kunjungan neonates sebanyak 3 kali, asuhan yang dilakukan perawatan bayi sehari-hari, pijat bayi maka terjadi peningkatan dengan berat badan lahir 2.900 gram sampai usia 1 bulan sebanyak 900 gram. Setelah habis masa nifas ibu menggunakan KB IUD. Disarankan kepada tenaga kesehatan khususnya Bidan untuk mempertahankan dan mengoptimalkan asuhan komprehensif pada masa kehamilan, persalinan, nifas, dan neonatus.

**Kata Kunci : Asuhan, Kehamilan, Persalinan, Nifas, Neonatus**

**Daftar Bacaan : 64 referensi (2013-2021)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
POLYTECHNIC OF THE MINISTRY OF HEALTH RIAU  
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, MEY 2023  
AMILIA ELZA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT  
PMB ROSITA IN PEKANBARU CITY  
xiv+ 110 Halaman+ 9 Tabel+ 10 Lampiran**

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**ABSTRACT**

Midwives are essential in providing maternal and child services, including comprehensive and sustainable midwifery methods. This case study aims to monitor the welfare of the mother and fetus and early detection starting from third-trimester pregnancy, delivery, postpartum, and neonates at PMB Rosita Pekanbaru City. Midwifery care for Mrs.S G2P1A0H1 was given to the first contact at 28 weeks of gestation on November 22, 2022, to March 5, 2023, namely three maternity visits, the complaints experienced by Mrs. S were lower back pain and frequent urination. The care provided is as needed, and the problem can be resolved. Delivery care according to the Standards of Normal Labor Care (APN), Ball labor to accelerate the decline of the baby's head and back massage to reduce pain during delivery; the baby was born spontaneously BB: 2900 grams PB: 50 cm, Blood discharge  $\pm$  150cc, good contractions, complete placenta, grade I birth canal laceration. In the postpartum period, visits with grade 1 heating were carried out four times, the problems experienced by perineal wound pain were carried out perineal wound care, breast milk was not smooth, the care given was oxytocin massage and breastfeeding techniques, and family planning counseling. At the neonate visit three times, the care taken was daily baby care and baby massage, then there was an increase in birth weight of 2,900 grams to 1 month of age by 900 grams. After the postpartum period, the mother uses the KB IUD. It is recommended to health workers, especially midwives, to maintain and optimize comprehensive care during pregnancy, childbirth, postpartum, and neonates.

**Keywords : Care, Pregnancy, Maternity, Postpartum, Neonates  
Reading List : 64 references (2013-2021)**