

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 17 MEI 2023
INDRI NAUFTIA. F**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI PMB
ROSITA PEKANBARU TAHUN 2023
xii, ±158 Halaman, 10 Tabel, 1 Gambar, 10 Lampiran**

ABSTRAK

Salah satu upaya yang dapat dilakukan seorang bidan dalam mendeteksi awal serta menurunkan angka kematian ibu dan bayi yaitu dengan asuhan kebidanan komprehensif. Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny.W G3P2A0H2 diberikan di PMB Rosita kota Pekanbaru dari bulan Desember 2022 - Februari 2023. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan di PMB Rosita dengan keluhan yang ibu alami adalah sering BAK dan nyeri punggung, diberikan asuhan senam hamil dan kompres air hangat, keluhan yang ibu alami dapat di atasi. Asuhan persalinan di lakukan di PMB Rosita sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir normal, perdarahan ±80 cc, kontraksi baik, plasenta lahir lengkap. Asuhan nifas dilakukan sebanyak 3 kali kunjungan di PMB Rosita dan di rumah Ny.W dengan masalah after pain dan pengeluaran ASI yang belum lancar. Asuhan yang diberikan senam nifas, teknik menyusui, pijat oksitosin, sehingga masalah ibu dapat diatasi dan ibu akseptor KB suntik 3 bulan. Asuhan neonatus dilakukan sebanyak 3 kali di PMB Rosita dan di rumah Ny. W, asuhan yang diberikan perawatan tali pusat, pada hari ke-7 tali pusat sudah puput, menjaga kehangatan bayi, serta pijat bayi, terjadi peningkatan berat badan bayi sebanyak 5100 gram pada usia 29 hari. Diharapkan bidan dapat mengaplikasikan asuhan kebidanan bekesinambungan mulai dari hamil, bersalin, nifas, dan neonatus sesuai dengan kebutuhan pasien berdasarkan evidence based.

**Kata Kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas,
neonatus**

Referensi : 115 Referensi (2013-2020)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, 17 MAY 2023
INDRI NAUFTIA. F**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. W AT PMB ROSITA
PEKANBARU CITY ON 2023**

xii, ± 158 Pages, 10 Tables, 1 picture, 10 Appendices

ABSTRACT

One of the efforts midwives can make in detecting early and reducing maternal and infant mortality is comprehensive midwifery care (CoMC). This comprehensive care is carried out to catch early and prevent complications during pregnancy, childbirth, postpartum, and neonates. Comprehensive and continuous care for Mrs. W G3P2A0H2 was given at PMB Rosita Pekanbaru City from December 2022 - February 2023. During pregnancy 4, four visits to PMB Rosita were made with complaints that the mother experienced were frequent urination and back pain; given care according to needs and problems could be overcome. Delivery care is carried out at PMB Rosita by Normal Childbirth Care (APN); the baby was born typically, bleeding ±80 cc, with good contractions and complete placenta delivery. The postpartum care was carried out three times in PMB Rosita and home Ny. W with breast milk production that had not been smooth. The care provided is postnatal exercise, breastfeeding techniques, and oxytocin massage so that the mother's problems can be overcome and the mother accepts a 3-month injection of family planning. Neonatal care was carried out three times in PMB Rosita and home Ny. W, consideration was given to the umbilical cord; on the 7th day, the umbilical cord fell off; keeping the baby warm and baby massage, there was an increase in the baby's weight of 5100 grams at 29 days old. It is expected that midwives can apply continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonates according to patients' needs based on evidence.

**Keywords: Comprehensive Midwifery Care, pregnancy, childbirth
childbirth, neonates.**

Reference : 115 References (2013-2020)