

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
SILVIA RAMADANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R
DI PMB ROSITA PEKANBARU
xiii+106 Halaman+ 9Tabel + 11 Lampiran**

ABSTRAK

Bidan berperan penting dalam memberikan pelayanan ibu dan anak salah satunya dengan metode *Continuity Of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memantau kesejahteraan ibu dan janin dan deteksi dini dari masa hamil trimester III, bersalin, nifas, dan bayi baru lahir di PMB Rosita Kota Pekanbaru. Asuhan yang diberikan sesuai dengan manajemen kebidanan dan di dokumentasikan dengan SOAP. Asuhan mulai dilakukan dari tanggal 08 Desember 2022 - 21 Maret 2023, dengan jumlah kunjungan pada masa hamil 4 kali, 1 kali kunjungan pada masa mendampingi proses persalinan, 4 kali kunjungan pada masa nifas, dan 3 kali kunjungan pada masa neonatus. Selama masa kehamilan keluhan yang di alami Ny. R yaitu sesak sehabis makan. Asuhan yang diberikan mengatur porsi makan sesuai kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan standar Asuhan Persalinan Normal (APN), proses persalinan berlangsung normal. Selama kala I persalinan di berikan asuhan *Birth Ball*. Bayi lahir spontan pukul 08.30 dengan BB: 4000 gram PB: 54 cm, dengan laserasi derajat II. Pada kunjungan masa nifas asuhan yang diberikan yaitu perawatan luka perineum, teknik menyusui, pijat oksitosin dan ibu berencana menggunakan KB kondom. Pada kunjungan neonatus dilakukan perawatan bayi sehari-hari, perawatan tali pusat, pijat bayi, setelah dilakukan pijat bayi selama 23 hari maka terjadi peningkatan berat badan bayi sebanyak 400 gram. Dari berat lahir 4000 gram menjadi 4.400 gram. Diharapkan kepada Bidan selalu mempertahankan dan meningkatkan pelayanan yang sudah ada sehingga bisa menerapkan asuhan yang komprehensif dan berkesinambungan dari kehamilan, persalinan, nifas, neonatus.

Kata Kunci : Asuhan Kebidanan Komprehensif Birth Ball
Daftar Bacaan : 69 Referensi(2013-2022)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2023
SILVIA RAMADANI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. R
AT PMB ROSITA PEKANBARU
xii+106 Pages+ 9Tables + 11 Appendices**

ABSTRAC

Midwives play an essential role in providing mother and child services, one of which is the Continuity Of Midwifery Care (CoMC) method. This case study aims to monitor the welfare of the mother and fetus and early detection of the third trimester of pregnancy, childbirth, postpartum, and newborns at PMB Rosita Pekanbaru City. The care provided is by midwifery management and documented with SOAP. Care began on 08 December 2022 - 21 March 2023, with four visits during pregnancy, one during childbirth, four during the postpartum period, and three during the neonatal period. During pregnancy, the complaints experienced by Mrs. R is tightness after eating. The care given regulates food portions according to needs, and problems can be overcome. Delivery care follows Normal Childbirth Care (NCC) standards; the delivery process occurs normally. During the first stage of labor, Birth Ball care was given. The baby was born spontaneously at 08.30 with a body weight of 4000 grams and a body length of 54 cm, with a second-degree laceration. During the postpartum visit, the care provided was perineal wound care, breastfeeding techniques, oxytocin massage, and planning for mothers to use condoms. Daily baby care was carried out at the neonate visit, including care for the umbilical cord and baby massage. After doing a baby massage for 23 days, there was an increase in the baby's weight by 400 grams. From birth weight 4000 grams to 4400 grams. It is hoped that midwives will maintain and improve existing services to implement comprehensive and continuous care for pregnancy, childbirth, and postpartum neonates.

Keywords : Birth Ball, Comprehensive Midwifery Care
Reading list : 69 References(2013-2022)