

ABSTRAK

Sella (2023) Asuhan Keperawatan Gerontik Pada Pasien *Gout Arthritis* Dengan Masalah Resiko Jatuh Di Desa Pematang Reba RT/RW 001/002 Kecamatan Rengat Barat. Karya tulis Ilmiah Studi Kasus , Program Studi DIII Keperawatan Diluar Kampus Utama Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Novita Kusumarini, M.Kep (II) Ns. Deswita, M.Kep.

Gout Arthritis atau dikenal dengan Asam Urat merupakan penyakit sendi yang diakibatkan tingginya kadar asam urat didalam persendian dan organ tubuh yang akan mengakibatkan kekakuan sendi. Tujuan dari penulisan ini adalah mampu memberikan Asuhan keperawatan Gerontik yang dimulai dari melakukan pengkajian, menentukan diagnosis keperawatan, menentukan intervensi keperawatan, implementasi dan evaluasi keperawatan pada pasien *Gout Arthritis* dengan masalah resiko jatuh. Hasil pengkajian pada kedua subjek ditemukan umur lebih dari 65 tahun memiliki riwayat jatuh, mempunyai lingkungan tidak aman, dan subjek 1 menggunakan alat bantu jalan dan mempunyai postur tubuh bungkuk sedangkan subjek 2 tidak menggunakan alat bantu jalan, dan kedua subjek mengalami penurunan kekuatan otot. Berdasarkan hasil evaluasi didapatkan jatuh saat berdiri menurun, jatuh saat duduk menurun, jatuh saat berjalan menurun dan jatuh dari tempat tidur menurun, jatuh saat dikamar mandi menurun, masalah keperawatan teratasi.

Kata Kunci: Asuhan Keperawatan Gerontik, *Gout Arthritis*, Resiko Jatuh

ABSTRACT

Sella (2023) Gerontic Nursing Care for Gout Arthritis Patients With Fall Risk Problems in Pematang Reba Village RT/RW 001/002 Rengat Barat District. Case Study Scientific Writing, Nursing DIII Study Program Outside the Main Campus Department of Nursing, Health Polytechnic of the Ministry of Health of Riau. Advisor (I) Ns. Novita Kusumarini, M.Kep (II) Ns. Deswita, M. Kep.

Gout Arthritis or known as Uric Acid is a joint disease caused by high levels of uric acid in the joints and organs which will lead to joint stiffness. The purpose of this paper is to be able to provide Gerontic nursing care starting from conducting assessments, determining nursing diagnoses, determining nursing interventions, implementing and evaluating nursing in Gout Arthritis patients with fall risk problems. The results of the study on both subjects found that they were more than 65 years old, had a history of falling, had an unsafe environment, and subject 1 used a walker and had a stooped posture while subject 2 did not use a walker, and both subjects experienced a decrease in muscle strength. Based on the results of the evaluation, it was found that falling when standing decreased, fell when sitting decreased, fell while walking decreased and fell from bed decreased, fell while in the bathroom decreased, nursing problems were resolved.

Keywords: *Gerontic Nursing Care, Gout Arthritis, Fall Risk*