

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023  
RAFMELIA LOVITA CHANDRA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.A DI PMB SESPIKA  
ZUIREN KAMPAR TAHUN 2023  
xv ± 143 Halaman, 8 Tabel, 10 Lampiran**

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**ABSTRAK**

Upaya percepatan penurunan Angka Kematian Ibu dapat dilakukan oleh bidan dengan asuhan komprehensif metode *CoMC* untuk skrining dan penanganan awal kegawatdaruratan dalam lingkup KIA. Laporan tugas akhir ini memberikan asuhan komprehensif dari kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.A di PMB Sespika Zuiren Kabupaten Kampar. Dilaksanakan dari Desember 2022 s/d Maret 2023. Dilakukan 3 kali kunjungan. Kontak pertama dengan Ny.A G<sub>3</sub>P<sub>2</sub>A<sub>0</sub>H<sub>2</sub> usia kehamilan 34 minggu. Didapatkan skor KSPR 6 (KRT) ditemukan ketidaknyamanan sesak napas, memberikan pendidikan kesehatan fisiologis sesak napas dan mengatur posisi *semifowler*, ketidaknyamanan ibu dapat diatasi. Pada kontak ketiga dilakukan senam hamil. Persalinan dilakukan skrining penapisan persalinan ditemukan tanda gejala partus lama dan partograf melewati garis waspada. Persalinan secara *Seccio Caesarea* dengan indikasi Partus Lama. Dilakukan kolaborasi dengan dokter SpOG dan rujukan ke RS Sansani. Bayi lahir pukul 07.15 WIB, jenis kelamin perempuan, dengan BB 3.300 gram dan PB 50 cm. Pada masa nifas dengan skor EPDS 3 dan ditemukan masalah puting susu kotor, dilakukan perawatan payudara dan bekas jahitan operasi terbuka sedikit dianjurkan untuk diperiksa ke fasilitas kesehatan. Masalah dapat diatasi. Ny. A memilih KB Suntik 3 bulan. Asuhan neonatus diberikan perawatan sehari-hari dan deteksi tanda bahaya. Bidan diharapkan dapat memfasilitasi ibu hamil untuk melakukan pemeriksaan Hb terutama pada trimester pertama dan ketiga untuk mendeteksi potensi Hb rendah maupun Hb tinggi agar dapat disesuaikan dengan dosis pemberian tablet Fe nya.

Kata Kunci : *Asuhan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus*  
Daftar Bacaan : 82 Referensi (2013-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2023  
RAFMELIA LOVITA CHANDRA**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. A AT PMB  
SESIKA ZUIREN OF KAMPAR IN 2023  
xv ± 143 Page, 8 Table, 10 Attachment**

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**ABSTRACT**

Efforts to accelerate the reduction of the Maternal Mortality Rate can be carried out by midwives with comprehensive care using the CoMC method for screening and early handling of emergencies within the scope of MCH. This final project report provides comprehensive care for the third trimester of pregnancy, childbirth, postpartum, and neonates with documentation of SOAP for Mrs. A at PMB Sespika ZuiREN, Kampar Regency. The study was conducted from December 2022 to March 2023 within three visits—first contact with Mrs. A G<sub>3</sub>P<sub>2</sub>A<sub>0</sub>H<sub>2</sub>, 34 weeks gestation. Obtained a KSPR score of 6 (KRT) found shortness of breath discomfort, providing physiological health education on the shortness of breath and adjusting the semi-fowler's position, maternal distress can be overcome. At the third contact, a pregnancy exercise was carried out. Labor screening was carried out with labor screening found signs of prolonged parturition symptoms, and the partograph crossed the alert line—delivery by Sectio Caesarea with indications of Prolonged Labor. Collaboration was carried out with SpOG doctors and referrals to Sansani Hospital. The baby was born at 07.15 WIB, female, with a weight of 3.300 grams and a PB of 50 cm. During the puerperium with an EPDS score of 3 and dirty nipple problems were found, breast care was carried out, and a few open surgical suture marks were recommended for examination at a health facility. Problems can be solved. Mrs. A chooses three months injections of contraception. Neonatal care is given daily care and detection of danger signs. Midwives are expected to be able to facilitate pregnant women to carry out Hb checks, especially in the first and third trimesters, to detect the potential for low Hb and high Hb so that they can be adjusted to the dose of Fe tablets.

*Keywords : Comprehensive Care, Pregnancy, Childbirth, Puerperium, Neonates*  
*Reading List : 82 References (2013-2021)*