

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLTEKKES KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR MARET,2023
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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PRAKTIK
MANDIRI BIDAN ROSITA KOTA PEKANBARU**

± XI, 135 HALAMAN, 9 TABEL, 10 LAMPIRAN

ABSTRAK

Upaya peningkatan derajat kesehatan ibu dan bayi dapat dilihat dari Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB). Upaya yang diperlukan dalam mencapai derajat kesehatan masyarakat yang optimal dalam penurunan AKI yang dapat dilakukan bidan yaitu diantaranya melakukan asuhan kebidanan dengan model *Continuity of midwifery care (COMC)* dengan pendekatan manajemen kebidanan. Laporan tugas akhir ini bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonatus. pada Ny. A G₄P₃A₀H₃ yang dimulai usia kehamilan 34-35 minggu di PMB Rosita bulan November 2022 sampai Januari 2023. Kunjungan pada masa kehamilan dilakukan sebanyak 4 kali, pertolongan persalinan, nifas 4 kali dan asuhan neonatus 3 kali. Selama kehamilan ibu mengeluh nyeri perut serta ibu mengalami ketuban pecah dini pada usia kehamilan 36 minggu 6 hari, penanganan yang dilakukan secara konservatif menunggu aterm dan his alami, pada 37 minggu his alami muncul. Pada saat persalinan terdapat keluhan ketidaknyamanan akibat nyeri kontraksi persalinan dan diberikan asuhan berupa masase punggung hingga proses persalinan berlangsung normal. Bayi lahir spontan, dengan jenis kelamin perempuan, BBLR dengan 2.200 gram, panjang badan 45 cm. Saat kunjungan nifas keluhan yang didapatkan nyeri pada bekas jahitan, dilakukan asuhan untuk mengurangi rasa nyeri. Pada kunjungan neonatus untuk membantu mempercepat berat badan bayi dan menjaga kehangatan dilakukan dengan metode kangguru dan pijat bayi. Pada hari ke 28 kenaikan berat badan bayi 1100 gram dari berat lahir 2200 gram menjadi 3300. Diharapkan bidan dapat meningkatkan KIE mengenai pentingnya kunjungan antenatal serta melakukan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai standar asuhan pelayanan kebidanan.

Kata Kunci : *Kehamilan, Persalinan, Nifas, Neonatus dan Komprehensif*

Referensi : 43 Referensi (2010-2021)

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA
POLYTECHNIC OF HEALTH, RIAU
STUDY PROGRAM DIII OF MIDWIFERY**

**FINAL PROJECT REPORT, MARCH 2023
INDAH SARI IRVANI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. A AT PMB
ROSITA PEKANBARU CITY**

± XI, 135 Pages, 9 Tables, 10 Appendices

ABSTRACT

Efforts to improve the health status of mothers and babies can be seen from the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). The efforts needed to achieve optimal public health degrees in reducing MMR that can be carried out by midwives include conducting midwifery care using the Continuity of Midwifery Care (COMC) model with a midwifery management approach. This final project report aims to provide care for the third trimester of pregnancy, childbirth, postpartum and neonates. on Mrs. A G4P3A0H3 starting at 34-35 weeks of gestation at PMB Rosita from November 2022 to January 2023. Visits during pregnancy were carried out 4 times, delivery assistance, 4 times postpartum and 3 times neonatal care. During pregnancy the mother complained of abdominal pain and the mother experienced premature rupture of membranes at 36 weeks 6 days of gestation, treatment was carried out conservatively waiting for term and natural discharge, at 37 weeks her natural appearance appeared. At the time of delivery, there were complaints of discomfort due to painful labor contractions and care was given in the form of back massage until the delivery process took place normally. The baby was born spontaneously, with female sex, LBW with 2,200 grams, body length 45 cm. During the postpartum visit, complaints were found that there was pain in the stitch marks, care was taken to reduce pain. At neonatal visits to help accelerate the baby's weight gain and maintain warmth, the kangaroo method and baby massage are carried out. On the 28th day the baby's weight increased by 1100 grams from a birth weight of 2200 grams to 3300. It is hoped that midwives can increase KIE regarding the importance of antenatal visits and carry out midwifery care on an ongoing basis according to midwifery care standards.

Keywords : *Comprehensive Midwifery Care, pregnancy, childbirth, childbirth, neonates*

Referece :43 References (2010-2021)