

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2022

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.P DI PMB
KISMAWATI PEKANBARU
x, 104 Halaman + 7 tabel + 10 Lampiran**

ABSTRAK

Dalam upaya menurunkan AKI di Indonesia, salah satu bentuk asuhan yang dapat dilakukan untuk menekan AKI yaitu dengan metode *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memberikan asuhan dari masa kehamilan, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.P G₁P₀A₀H₀ di PMB Kismawati Pekanbaru. Asuhan kebidanan ini dilaksanakan dari bulan Desember 2022 s/d Maret 2023. Pada masa kehamilan dilakukan 4 kali kunjungan dengan keluhan nyeri perut bawah dan nyeri pinggang, diberikan asuhan kompres hangat dan massase pada pinggang dan keluhan ibu dapat diatasi. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan berlangsung normal dengan laserasi derajat dua. Bayi lahir pukul 22.15 WIB tanggal 5 Februari 2023 jenis kelamin laki-laki, dengan BB 3.700 gram dan PB 50 cm. Asuhan masa nifas dilakukan 4 kali didapatkan keluhan ASI yang keluar masih sedikit dan diberikan pendidikan kesehatan berupa pijat oksitosin. Masalah dapat diatasi dan ibu memilih KB suntik 3 bulan. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan, diberikan asuhan pijat bayi dan terjadi kenaikan BB sesuai dengan usianya sebanyak 400 gram pada usia 20 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*
Daftar Bacaan : 66 referensi (2013-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

FINAL PROJECT REPORT, MEI 2022

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS.P IN INDEPENDENT
PRACTICE OF MIDWIFE KISMAWATI PEKANBARU CITY
x, 104 pages + 7 tables + 10 attachments**

ABSTRACT

To reduce MMR in Indonesia, one form of care that can be carried out to suppress MMR is the Continuity of Midwifery Care (CoMC) method. This case study aims to provide care for pregnancy, childbirth, postpartum, and neonates with SOAP documentation for Mrs.P G1P0A0H0 at PMB Kismawati Pekanbaru. This midwifery care was carried out from December 2022 to March 2023. Four visits were made during pregnancy with complaints of lower abdominal pain and low back pain; warm compresses and massage were given to the waist, and the mother's objections were resolved. The delivery was carried out according to the Normal Childbirth Care (APN) standard and took place generally with a second-degree laceration. The baby was born at 22.15 WIB on February 5, 2023, male sex, with a weight of 3,700 grams and a PB of 50 cm. Postpartum care was carried out four times, and found that complaints that milk came out were still minor, and health education was given in the form of oxytocin massage. The problem can be solved, and the mother chooses 3-month injectable birth control. Neonatal care was carried out side by side with postpartum care, namely three visits, baby massage care was given, and there was an increase in body weight according to their age of 400 grams at 20 days. It is hoped that midwives will maintain and improve comprehensive and continuous midwifery care following midwifery service standards.

Keywords : *Comprehensive care pregnancy, childbirth, postpartum, neonates*
Reference : 66 references (2013-2022)