

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLTEKKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2023

ANISCA PRATIWI ELPARDIA

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.E DI PRAKTIK
MANDIRI BIDAN HASNA DEWI KOTA PEKANBARU**

xiii± 129 Halaman, 6 Tabel, 9 Lampiran

ABSTRAK

Salah satu cara untuk mencegah dan mengatasi komplikasi kehamilan, persalinan, neonatus, nifas dan KB adalah asuhan kebidanan secara komprehensif. Keberhasilan program kesehatan ibu dapat dinilai dari indikator utama kematian ibu (AKI). Salah satu bentuk asuhan yang digunakan untuk menekan AKI dapat dilakukan oleh bidan dengan metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.E di PMB Hasna Dewi Kota Pekanbaru. Asuhan kebidanan ini dilaksanakan dari bulan Oktober 2021 s/d Januari 2023. Asuhan berupa kunjungan hamil 3 kali, pertolongan persalinan, nifas 4 kali dan neonatus 3 kali. Selama kehamilan ibu mengeluh nyeri punggung, di berikan asuhan senam hamil, kompres hangat dan masalah dapat diatasi. Pada saat persalinan terdapat keluhan nyeri kontraksi persalinan dan diberikan asuhan sayang ibu berupa massase punggung dan teknik relaksasi sehingga proses persalinan berlangsung normal. Bayi lahir dengan jenis kelamin perempuan, berat badan 2.800 gram, panjang badan 45 cm. Saat kunjungan nifas keluhan yang didapatkan mulas, nyeri pada bekas jahitan, keluhan diatasi dengan meningkatkan personal hygien, mengajarkan ibu senam nifas, serta asuhan perawatan luka perineum sehingga masalah dapat diatasi. Pada kunjungan neonatus dilakukan asuhan pijat bayi sehingga dapat meningkatkan kualitas tidur bayi dan kenaikan berat badan bayi 600 gram selama 22 hari. Di harapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai dengan standar asuhan pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata kunci : Kehamilan, Persalinan, Nifas, Neonatus dan Komprehensif
Referensi : 63 referensi (2012-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
POLTECS RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

FINAL PROJECT REPORT, MARET 2023

ANISCA PRATIWI ELPARDIA

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. E AT
INDEPENDENT PRACTICE OF MIDWIFE HASNA DEWI IN
PEKANBARU CITY**

xiii ± 129 Pages, 6 Tables, 9 Attachments

ABSTRACT

One method to prevent and overcome complications of pregnancy, childbirth, neonatal, postpartum, and family planning is comprehensive midwifery care. The success of maternal health programs can be assessed from the primary indicator of maternal mortality (MMR). One form of care used to reduce MMR can be carried out by midwives with the Continuity of Midwifery Care (CoMC) method. This case study aims to provide care from the third trimester of pregnancy, labor, puerperium, and neonates with SOAP documentation on Mrs. E at PMB Hasna Dewi Pekanbaru City. This midwifery care was carried out from October 2021 to January 2023. Care in the form of pregnant visits three times, childbirth assistance, postpartum four times, and neonates three times. During pregnancy, the mother complained of back pain, and provided care for pregnant exercises and warm compresses, and the problem was resolved. At the time of delivery, there were complaints of labor contraction pain and given maternal care in the form of back massages and relaxation techniques, so the delivery process took place normally. The baby was born female, weight of 2,800 grams and a length of 45 cm. During the postpartum visit, complaints were obtained were heartburn and pain in the stitches; complaints were resolved by improving personal hygiene, teaching postpartum exercises, and perineal wound care to overcome the problem. At the neonate visit, baby massage care was carried out to improve the baby's sleep quality, and the baby's weight gain was 600 grams for 22 days. It is expected that health workers, especially midwives, can carry out midwifery care sustainably and continuously following the standards of midwifery care starting from pregnancy, childbirth, postpartum and neonatal periods.

Keywords : Pregnancy, childbirth, puerperium, neonates, and comprehensive
Reference : 63 references (2012-2021)

