

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 26 MEI 2023  
PUTRI ENJELINA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB ROSITA  
PEKANBARU TAHUN 2023**

**Xi ± 130 Halaman, 9 Tabel, 7 Lampiran**

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**ABSTRAK**

Bidan mempunyai peran penting dalam memberikan pelayanan secara menyeluruh dan berkesinambungan. Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Keberhasilan program kesehatan ibu dapat dinilai melalui indikator utama Angka Kematian Ibu (AKI). Upaya percepatan penurunan AKI dapat dilakukan oleh bidan dengan metode *Continuity of Midwifery Care (CoMC)*. Studi ini bertujuan memberikan asuhan komprehensif pada Ny.A di PMB Rosita yang dilakukan dengan manajemen kebidanan didokumentasikan menggunakan metode SOAP. Asuhan dilakukan dari bulan November 2022 sampai Januari 2023 sebanyak 4 kali kunjungan selama hamil dengan keluhan yang ibu alami adalah nyeri punggung dan *braxton hicks*, diberikan asuhan sesuai dengan kebutuhan sehingga masalah dapat diatasi. Asuhan persalinan dilakukan secara normal di RS Andini Kota Pekanbaru dengan indikasi pengapuran plasenta, bayi lahir langsung menangis dengan jenis kelamin perempuan berat badan 2500 gr dan panjang badan 47 cm. Kunjungan nifas dilakukan sebanyak 4 kali kunjungan dengan masalah pengeluaran ASI yang belum lancar. Ibu diajarkan teknik menyusui, dan pijat okstitosin sehingga masalah dapat diatasi dan ibu menggunakan metode KB alami yaitu MAL disertai dengan penggunaan kondom. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan, asuhan yang diberikan adalah pijat bayi, terjadi peningkatan berat badan bayi sebanyak 500 gram dan dilakukan asuhan perawatan tali pusat, pada hari ke-6 tali pusat sudah puput. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan pelayanan yang komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan dimulai dari masa kehamilan, persalinan, bayi baru lahir dan nifas termasuk didalamnya keluarga berencana.

**Kata Kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus**

Referensi : 55 Referensi (2013-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MEI 2023  
PUTRI ENJELINA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. A AT PMB ROSITA  
IN PEKANBARU CITY**

**Xi ± 130 Pages, 9 Tables, 7 Appendices**

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***ABSTRACT***

Midwives have an important role in providing comprehensive and sustainable services. This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum, and neonates. The success of the maternal health program can be assessed through the main indicator Maternal Mortality Rate (MMR). Efforts to accelerate the reduction of MMR can be carried out by midwives using the Continuity of Midwifery Care (CoMC) method. This study aims to provide comprehensive care for Mrs. A at PMB Rosita, carried out with documented midwifery management using the SOAP method. The care was carried out from November 2022 to January 2023 for four visits during pregnancy, with the complaints that the mother experienced back pain and Braxton hicks; care was given as needed so that problems could be resolved. Delivery care was carried out normally at Andini Hospital, Pekanbaru City, with indications of calcification of the placenta; the baby was born crying immediately with female sex, weighing 2500 grams, and having a body length of 47 cm. Postpartum visits were carried out four times with problems with milk production that were not yet smooth. Mothers are taught breastfeeding techniques and oxytocin massage to overcome problems, and mothers use natural family planning methods, namely MAL accompanied by condoms. Neonatal visits were carried out three times; the care provided was baby massage, an increase in the baby's weight by 500 grams, and care for the umbilical cord was carried out. On the 6th day, the umbilical cord had fallen off. It is hoped that health workers, especially midwives, can improve comprehensive and sustainable services following midwifery service standards starting from pregnancy, childbirth, newborns, and postpartum, including family planning.

**Keywords: *Comprehensive midwifery care, pregnancy, childbirth, postpartum, and neonates***

**References: 55 References (2013-2021)**