**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA**

**POLITEKNIK KESEHATAN KEMENKES RIAU**

**PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023**

**FITRI AMALIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PRAKTIK MANDIRI BIDAN ROSITA KOTA PEKANBARU**

**xii + 112 Halaman + 7 Tabel + 10 Lampiran**

**ABSTRAK**

Asuhan kebidanan komprehensif dan berkesinambungan, atau yang lebih dikenal dengan Continuity of Midwifery Care (CoMC) merupakan sebuah metode asuhan dengan memberikan pelayanan secara menyeluruh dan berkelanjutan kepada pasien/klien. Oleh karna itu Kementerian Kesehatan melakukan transformasi sistem kesehatan termasuk pelayananan kesehatan ibu dan bayi dengan pendekatan 6 pilar,salah satunya pilar transformasi layanan primer yang bertujuan untuk menciptakan calon ibu yang sehat melalui upaya kesehatan berbasis mesyarakat. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas dan neonatus . Asuhan ini dimulai sejak tanggal 19 November 2022 sampai tanggal 13 Februari 2023 pada Ny.S di Praktik Mandiri Bidan dimulai pada usia kehamilan 33 minggu dan diikuti dengan 4 kali kunjungan hamil, Persalinan, 4 kali kunjungan Nifas, dan 3 kali kunjungan Neonatus. Terdapat keluhan berupa sering BAK yang diatasi dengan pemberian pendidikan kesehatan. Persalinan Ny.S terjadi pada usia kehamilan 39-40 minggu. Saat proses persalinan ibu bersalin secara normal dengan asuhan APN 60 langkah dan memberikan asuhan *Birth ball* untuk mempercepat kemajuan persalinan. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 2900 gram,panjang badan 52 cm jenis kelamin peremppuan. IMD berhasil pada menit ke 52. Asuhan masa nifas ibu diajarkan mobilisasi dini, senam nifas, dan skrining *Edinburgh Postnatal Depression Scale* (EPDS). Pada masa neonatus diajarkan pijat bayi dan ASI eksklusif untuk meningkatkan berat badan bayi,dimana terjadi kenaikan berat badan bayi sebesar 1000 gram menjadi 3900 gram. Diharapkan Bidan dapat menerapkan asuhan kebidanan komprehensif dan berkesinambungan (CoMC) sesuai dengan standar pelayanan kebidanan

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Bersalin, Nifas, Neonatus**

**Referensi : 60 Referensi (2010-2022)**

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA**

**POLYTECHNIC OF HEALTH RIAU**

**STUDY PROGRAM D III OF MIDEWIFERY**

**FINAL PROJECT REPORT, MAY 2023**

**FITRI AMALIA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. S IN INDEPENDENT MIDWIFERY PRACTICE ROSITA PEKANBARU CITY**

**xii + 112 Pages + 7 Tables + 10 Appendices**

ABSTRACT

Comprehensive and continuous midwifery care, or better known as Continuity of Midwifery Care (CoMC) is a method of care by providing comprehensive and continuous services to patients. Because of that The Minister of Health is transforming the heath system including maternal and infant services with a 6 pillar aproach,one of which is the pillar f primary serrvice transfrmation which aims t create healthy expectant mothers through cmmunity based health efforts.This final report was aimed to give comprehensive midwifery care, started from pregnancy, labor times, childbed and neonatus.This comprehensive midwifery care was started November 19 2022 to February 13th 20223 given to Mrs. S at Independent Midwifery Practice Rosita started 33 weeks of gestation for 4 times visit childbirth, 4 postpartum visits, and 3 neonatal visits. frequent urination were found then continuity heatlh education was given as solution then continuity heatlh education was given as solution. Mrs. S’s delivery started at 39-40 week of gestation. During the labor process, the mother gave birth normally with 60 steps of APN care and standards and provides *Birth ball* care to speed up the progress of labor. The baby was born spontaneously, cried loudly, good muscle tone, active movement, weight 2900 grams hight 52 cm,female gender.IMD was succes in 52th minutes.Postpartum care during mothers were taught early mobilization, postpartum exercise, and Edinburgh Postnatal Depression Scale (EPDS) screening. During were made infant massage and exclusive breastfeeding were carried out to increase the baby's weight. Where there is an increase in the baby's weight by 1000 grams to 3900 grams. It is expected that midwives can implement comprehensive and continuous midwifery care (CoMC) in accordance with midwifery service standards

**Keywords : Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates**

**References : 60 References (2010-2022)**