

## ABSTRACT

Shinta Rahmadania (2023). Nursing care for body image disorders in post-mastectomy patients in the Dahlia Room of Arifin Achmad Hospital, Pekanbaru. Case Study Scientific Paper, DIII Nursing Study Program, Department of Nursing, Health Polytechnic of the Ministry of Health Riau. Supervisor (1) Ns. Ardenny, M.Kep, (2) Ns. Nia Khusniyati M., M.Kep.

Breast cancer (*carcinoma mammae*) is a malignant tumor in the breast that invades the area around the breast and spreads rapidly throughout the body. This tumor can grow in the mammary glands, glandular ducts, and breast supporting tissues (fat tissue, or breast connective tissue) and can also grow throughout the body. The author's goal is to be able to describe nursing care for body image disorders in post-mastectomy patients in the dahlia room of Arifin Achmad Hospital, Pekanbaru. This study was conducted in a descriptive form with inclusion criteria: patients *ca mammae* post mastectomy with one side of the breast, patients *ca mammae* post mastectomy aged 30-50 years, patients who underwent hospitalization for at least 3 days and exclusion criteria: subjects of complications with other diseases such as diabetes mellitus, cardiovascular disease, uncooperative subjects. This research was conducted for 4 days in the dahlia room of Arifin Achmad Hospital Pekanbaru starting from May 3, 2023 - May 7, 2023. From the results of studies on subject 1 and subject 2, a nursing diagnosis of body image disorders was obtained associated with changes in body shape characterized by loss of body parts. After nursing care for 4x8 hours with nursing problems, body image disorders were resolved, with the results of day 4 evaluation on subject 1, the subject seemed able to see and touch the mastectomy surgery and was not focused on past events, while for subject 2, the subject also seemed to be able to see and touch the surgery scars and the subject said he was able to accept the reality that had happened with the nursing intervention used, namely Promotion Body Image. This research is expected to help improve the quality of service and be able to provide services as optimally as possible and improve facilities at Arifin Achmad Hospital.

Keywords : Breast Cancer (*ca mammae*), Mastectomy, Body Image Disorders, Body Image Promotion.