

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023**

**LILIS SETIANINGSIH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI PMB  
ROSITA PEKANBARU**

**xi , 111 Halaman, 8 Tabel, 10 Lampiran**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara komprehensif di mulai dari masa kehamilan, persalinan, nifas, dan neonatus. Laporan Tugas Akhir ini bertujuan memberikan asuhan komprehensif yang dilakukan dengan metode *Continuity of Midwifery Care (CoMC)* yaitu asuhan yang menyeluruh dan berkesinambungan sesuai standar asuhan kebidanan dengan menggunakan pendekatan manajemen kebidanan. Asuhan dilakukan pada Ny.M G<sub>3</sub>P<sub>2</sub>A<sub>0</sub>H<sub>2</sub> dimulai pada usia kehamilan 33 minggu di PMB Rosita kota Pekanbaru dari bulan November 2022-Januari 2023. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan, Asuhan Persalinan Normal, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami Ny.M selama kehamilan trimester III adalah nyeri punggung dan sakit perut bagian bawah, yang diatasi dengan senam hamil. Persalinan berlangsung pada usia kehamilan 38 minggu dan ditolong sesuai dengan standar Asuhan Persalinan Normal (APN), bayi lahir spontan dengan BB: 2600 gram PB: 46 cm, perdarahan ±100 cc, kontraksi baik, plasenta lahir lengkap, tidak ada laserasi jalan lahir. Pada kunjungan nifas ditemukan masalah ASI belum lancar pada hari pertama dan mulai dilakukan pijat oksitosin, sehingga ASI lancar pada hari kedua. Pada kunjungan nifas ketiga dilakukan konseling KB dan ibu memutuskan menggunakan KB suntik 3 bulan. Pada kunjungan neonatus dilakukan perawatan tali pusat, personal hygiene, dan pijat bayi. Bayi hanya diberikan ASI saja, tali pusat puput di hari ke-5. Terjadi peningkatan berat badan bayi sebanyak 900 gram, dari berat badan saat lahir 2600 gram menjadi 3500 gram pada usia 23 hari. Diharapkan tenaga kesehatan khususnya bidan dapat mempertahankan pelayanan yang komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan di mulai dari masa kehamilan, persalinan, nifas, dan neonatus.

**Kata Kunci: *Asuhan Kebidanan, Komprehensif, hamil, bersalin, nifas, neonatus***

**Referensi : 45 Referensi (2013-2023)**

**MINISTRY OF HEALTH, REPUBLIC OF INDONESIA  
POLYTECHNIC OF HEALTH, RIAU  
STUDY PROGRAM D III OF MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2023  
LILIS SETIANINGSIH**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M AT PMB  
ROSITA PEKANBARU CITY**

**xi , 111 Pages, 8 Tables, 10 Appendices**

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**ABSTRACT**

Midwives are essential in providing comprehensive maternal and child services starting from pregnancy, childbirth, postpartum, and neonates. This final project report aims to provide comprehensive care using the Continuity of Midwifery Care (CoMC) method, namely comprehensive and continuous care according to midwifery care standards using a midwifery management approach. Care was carried out for Mrs.M G3P2A0H2 starting at 33 weeks gestation at PMB Rosita Pekanbaru City from November 2022-January 2023. During pregnancy, four visits were made, Normal Childbirth Care, four visits for postpartum, and three visits for neonates. The complaints experienced by Mrs. M during the third trimester of pregnancy were back pain and lower abdominal pain, which were treated with pregnancy exercises. The delivery took place at 38 weeks gestation and was assisted according to the Normal Childbirth Care (NCC) standards. The baby was born spontaneously with a body weight of 2600 grams and body length of 46 cm, bleeding  $\pm$  100 cc, good contractions, complete delivery of the placenta, and no birth canal lacerations. At the postpartum visit, it was found that the milk was not smooth on the first day, and oxytocin massage was started, so the milk was smooth on the second day. Family planning counseling was carried out at the third postpartum visit, and the mother decided to use 3-month injectable birth control. At the neonatal visit, umbilical cord care, personal hygiene, and baby massage were carried out. The baby is only given breastmilk, and the umbilical cord ruptures on the 5th day. There was an increase in the baby's weight by 900 grams, from 2600 grams at birth to 3500 grams at 23 days of age. It is hoped that health workers, especially midwives, can maintain comprehensive and continuous services following midwifery service standards starting from pregnancy, childbirth, postpartum, and neonates.

Keywords: *Midwifery Care, Comprehensive, pregnancy, childbirth, neonates*

References: 45 References (2013-2023)