

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023  
PUTRI ALMARAATUL CHASANAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. “Y”  
DI PMB DINCE SAFRINA KOTA PEKANBARU.  
x + 127 Halaman + 8 Tabel + 8 Lampiran**

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**ABSTRAK**

Asuhan kebidanan komprehensif dan berkesinambungan, atau yang lebih dikenal dengan *Continuity of Midwifery Care (CoMC)* merupakan sebuah metode asuhan dengan memberikan pelayanan secara menyeluruh dan berkelanjutan kepada pasien. Study kasus ini bertujuan mampu melakukan asuhan kebidanan secara menyeluruh dan berkesinambungan pada Ny. Y G1P0A0 mulai dari kehamilan, persalinan, nifas, neonatus, dan mendokumentasikan dengan metode SOAP di PMB Dince Safrina Kota Pekanbaru 2023. Asuhan di mulai pada bulan November 2022 hingga Maret 2023 di PMB Dince Safrina dan rumah pasien. Pada kehamilan Ny. Y ditemukan ketidaknyamanan nyeri punggung, keram pada tangan, dan *braxton hicks*. Diberikan asuhan sesuai kebutuhan seperti senam hamil, merendam tangan, dan teknik relaksasi. Keluhan ibu dapat diatasi. Pada asuhan persalinan dilakukan teknik pengurangan rasa nyeri seperti masase punggung. Pertolongan persalinan sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir langsung menangis, tonus otot aktif, jenis kelamin perempuan, BB: 2700 gram, PB: 47 cm dan plasenta lahir lengkap. Masa nifas Ny. Y berlangsung normal. Ibu di ajarkan senam nifas, pijat oksitosin, dan di lakukan skrining *Edinburgh Postnatal Depression scale (EPDS)*. Ibu menjadi akseptor KB suntik progestin. Asuhan neonatus dilakukan *rooming in*, perawatan tali pusat, dan pijat bayi. Terdapat peningkatan berat badan bayi sebanyak 1300 gr dari berat lahirnya pada usia 27 hari yaitu menjadi 4.000 gr. Diharapkan Bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan(*CoMC*) sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan Hamil, Bersalin, Nifas, Neonatus, Komprehensif*

Daftar Bacaan : 62 referensi (2013-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF, RIAU  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MEI 2023  
PUTRI ALMARAATUL CHASANAH**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. "Y" AT  
INDEPENDENT MIDWIFERY PRACTICE DINCE SAFRINA,  
PEKANBARU CITY**

**v + 115 Pages + 8 Tables + 8 Attachments**

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**ABSTRACT**

Comprehensive and continuous midwifery care, or better known as Continuity of Midwifery Care (CoMC) is a method of care by providing comprehensive and continuous services to patients/clients. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, neonates and family planning. This care starts in November 2022 to March 2023 on Mrs. Y at PMB Dince Safrina Pekanbaru City, starting at 31-32 weeks of gestation and followed by 4 prenatal visits. In pregnancy, the mother's KSPR results were 2 scores, from these results the mother's pregnancy was a low risk pregnancy, to anticipate that complications would not occur during pregnancy, childbirth and childbirth, mothers were advised to have prenatal checks and deliveries at health facilities. Complaints during pregnancy in the form of back pain, cramps in the hands, false contractions which are overcome by providing health education. Normal delivery process (APN) and the baby was born spontaneously, female sex, weight 2700 grams. Postpartum care takes place normally, mothers are taught postpartum exercise, oxytocin massage, and are screened for the Edinburgh Postnatal Depression scale (EPDS). Neonatal care is carried out side by side with postpartum care, providing exclusive breastfeeding health education and baby massage to increase baby weight. Where the baby has increased in weight as much as 1300 grams of birth weight at the age of 27 days. It is hoped that midwives will continue to maintain and improve comprehensive and continuous midwifery care (CoMC) in accordance with midwifery service standards.

**Keywords** : *Pregnancy Care, Maternity, Postpartum, Neonates, Comprehensive*

**Reading List** : 62 references (2013-2022)