

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, 15 MEI 2023  
NATASYA ELMA NOVITA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.A DI KLINIK  
PRATAMA TAMAN SARI 4 KOTA PEKANBARU TAHUN 2023  
xii, 121 Halaman, 7 Tabel, 10 Lampiran**

---

**ABSTRAK**

Upaya bidan dalam mencegah dan menangani komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan yang dikenal dengan metode *Continuity Of Midwifery Care (CoMC)*. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas dan neonatus yang dilakukan dari bulan Desember 2022 sampai Maret 2023 pada Ny. A G<sub>2</sub>P<sub>1</sub>A<sub>0</sub>H<sub>1</sub> di Klinik Pratama Taman Sari 4 kota Pekanbaru. Kunjungan kehamilan dilakukan sebanyak 3 kali, nifas 4 kali, dan neonatus 3 kali. Pada masa kehamilan Trimester III, ditemukan keluhan nyeri perut bagian bawah dan nyeri pinggang. Asuhan yang diberikan yaitu pendidikan kesehatan tentang ketidaknyamanan ibu. Setelah diberikan asuhan keluhan ibu dapat diatasi. Pada masa persalinan ibu melahirkan normal, pertolongan persalinan sesuai APN, teknik pengurangan rasa nyeri yaitu dengan masase punggung. Bayi lahir pukul 01.30 WIB dengan berat 3400 gram jenis kelamin Perempuan. Pada kunjungan nifas tidak terdapat keluhan didapatkan skor EPDS 2. Asuhan yang diberikan yaitu mengajarkan ibu senam nifas dan pendidikan kesehatan tentang KB. ibu menggunakan KB suntik 3 bulan. Pada masa neonatus tidak ditemukan masalah pada bayi, diberikan asuhan pijat bayi dan terjadi peningkatan berat badan bayi sebanyak 900 gram. Pada akhir masa kunjungan semua masalah dapat teratasi dan tidak ditemukan masalah yang berarti. Asuhan didokumentasikan dengan metode SOAP. Disarankan bagi tenaga kesehatan seperti bidan yang bekerja di klinik tersebut dalam memberikan asuhan kebidanan berkesinambungan selalu menerapkan manajemen kebidanan. Selain itu, memperhatikan dan meningkatkan kompetensi dalam memberikan asuhan kebidanan sesuai standar pelayanan kebidanan.

Kata Kunci : *Asuhan Kebidanan Kehamilan, Bersalin, Nifas, Neonatus*  
Referensi : 59 Referensi (2013-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, 15 MAY 2023  
NATASYA ELMA VOVITA**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. A CLINIC AT  
TAMAN SARI 4 CLINIC IN PEKANBARU  
xii, 121 Page, 7 Table, 10 Attachment**

---

***ABSTRACT***

*Midwives' efforts to prevent and treat complications in pregnancy, childbirth, postpartum, and neonates are midwifery care known as the Continuity of Midwifery Care (CoMC) method. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonate, which is carried out from December 2022 to March 2023 on Mrs. A G2P1A0H1 at Klinik Pratama Taman Sari 4 in Pekanbaru cit. Pregnancy visits were carried out three times, postpartum four times, and neonates three times during the third trimester of pregnancy. There were complaints of low lower abdominal pain and low back pain. The care provided is health education about maternal discomfort. After being given care, the mother's complaints can be overcome. According to NCC, the mother gave birth normally during labor, with delivery assistance and pain reduction techniques, namely back massage. The baby was born at 01.30 am and weighed 3400 grams, Female. No problems were found postpartum, and the EPDS score was 2. The care given is teaching postpartum gymnastics and health education about family planning. Mother uses birth control injection for three months. In neonates, no problems were found in the baby. Were given baby massage care, there was an increase in the baby's weight by 900 grams. At the end of the visit, all problems were resolved, and no significant problems were found. Care is documented by the SOAP method. It is recommended for health workers such as midwives who work at the clinic to provide continuous midwifery care and always apply midwifery management. In addition, pay attention to and improve competence in providing midwifery care according to midwifery service standards.*

*Keywords* : **Midwifery Care Pregnancy, Childbirth, The Puerperium, Neonates**  
*References* : **59 References (2013-2021)**