

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D-III KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2023

WINDI LARASATI

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.R DI KLINIK
TAMAN SARI I KOTA PEKANBARU TAHUN 2023**

xii + 113 Halaman + 8 Tabel + 9 Lampiran

ABSTRAK

Bidan berperan penting dalam memberikan asuhan komprehensif dan berkesinambungan dalam upaya untuk mengatasi penurunan AKI di Indonesia. Salah satu upaya yang dapat dilakukan oleh bidan dalam membantu menekan AKI pada masa kehamilan, persalinan, nifas, neonatus dan KB yaitu dengan metode *Continuity of Midwifery Care (COMC)*. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang komprehensif dan berkesinambungan pada Ny.R dari masa hamil trimester III, bersalin, nifas, dan neonatus di Klinik Taman Sari I Kota Pekanbaru. Asuhan yang diberikan sesuai dengan standar kebidanan dan di dokumentasikan dengan metode SOAP. Asuhan ini dimulai sejak tanggal 13 Desember 2022 hingga 08 Maret 2023 sebanyak 11 kali kunjungan. Asuhan Kebidanan kehamilan dilakukan sebanyak 3 kali kunjungan dengan keluhan yang ibu alami pada saat trimester 3 adalah nyeri punggung dan sering BAK. Asuhan yang diberikan yaitu senam hamil dan memberikan pendidikan kesehatan. Pertolongan persalinan dilakukan sesuai Standar Asuhan Persalinan Normal (APN), bayi lahir spontan BB 2600 gram PB 50 cm, pengeluaran darah ± 150 cc, kontraksi baik. Kunjungan nifas dilakukan sebanyak 4 kali kunjungan dengan masalah pengeluaran ASI yang belum lancar. Ibu diajarkan teknik menyusui, pijat oksitosin, dan konseling KB dan ibu akseptor KB suntik progestin. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan. Asuhan yang diberikan yaitu perawatan tali pusat dan pijat bayi. Tali pusat sudah puput pada hari ke-6. Diharapkan bagi tenaga kesehatan khususnya bidan dapat mempertahankan asuhan kebidanan secara komprehensif dan berkesinambungan mulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : *Asuhan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus*

Daftar Pustaka : 27 Referensi (2013-2021)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
POLYTECHNIC MINISTRY OF HEALTH RIAU
DIPLOMA III MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, MAY 2023

WINDI LARASATI

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. R AT TAMAN
SARI I CLINIC IN PEKANBARU CITY**

xii + 113 pages + 8 tables + 9 Attacments

ABSTRACT

Midwives play an important role in providing comprehensive and sustainable care to overcome the decline in MMR in Indonesia. One of the efforts midwives can make to help reduce MMR during pregnancy, childbirth, postpartum, neonatal, and family planning is the Continuity of Midwifery Care (COMC) method. This final project report aims to provide comprehensive and continuous midwifery care to Mrs. R from the third trimester of pregnancy through delivery, postpartum, and neonatal care at Taman Sari I Clinic, Pekanbaru City. The care provided follows midwifery standards and is documented using the SOAP method. This care started from December 13, 2022, to March 8, 2023, for 11 visits. Obstetric care during pregnancy was carried out for three visits, with complaints that the mother experienced during the 3rd trimester being back pain and frequent urination. The care provided is for pregnant gymnastics and health education. The delivery assistance was carried out according to the Normal Childbirth Care (NCC) Standards. The baby was born spontaneously at 2600 grams, length of 50 cm, blood discharge of +150 cc, and good contractions. Postpartum visits were conducted four times due to the problem of breast milk production that has not been smooth. The mother was taught breastfeeding techniques, oxytocin massage, and family planning counseling, and she was a progestin-injectable family planning acceptor. Neonate visits were conducted three times. The care given was umbilical cord care and baby massage. The umbilical cord was come off on the sixth day. It is expected that health workers, especially midwives, can maintain comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonatal periods.

Keywords: *Comprehensive Care, pregnancy, childbirth, postpartum, neonates*

References: 27 Reference (2013-2021)