

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
LORENZA PRICILLIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R DI
PMB ROSITA PEKANBARU TAHUN 2023**

Xii ± 94 halaman, 11 tabel, 9 lampiran

ABSTRAK

Keberhasilan program kesehatan ibu dinilai melalui indikator utama Angka Kematian Ibu (AKI). Upaya percepatan penurunan AKI dapat dilakukan oleh bidan dengan metode *Continuity of Midwifery Care (CoMC)*. Salah satu upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan yang berkesinambungan. Studi kasus ini bertujuan untuk melakukan asuhan kebidanan secara menyeluruh dan berkesinambungan pada Ny. R mulai dari kehamilan, persalinan, nifas, neonatus dan mendokumentasikan dengan metode SOAP di PMB Rosita Kota Pekanbaru tahun 2023. Asuhan kehamilan dilakukan sebanyak 3 kali pada Ny.R selama kehamilan Trimester III. Ditemukan keluhan nyeri pinggang selama kehamilan Trimester III. Asuhan yang diberikan yaitu pendidikan kesehatan tentang mengatur aktifitas sehari-hari. Persalinan berlangsung *seksio cesarea* di rumah sakit dengan indikasi gagal akselerasi. Bayi lahir dengan berat badan 2800 gram jenis kelamin laki-laki. Kunjungan nifas dilakukan sebanyak 3 kali kunjungan dengan keluhan masalah nyeri luka operasi SC dan didapatkan skor EPDS 2. Ibu diajarkan cara menjaga kebersihan luka operasi SC, teknik menyusui, perawatan payudara, pijat oksitosin, nutrisi yang tepat untuk ibu nifas post SC. Ibu memakai suntik progestin. Kunjungan *neonatus* dilakukan sebanyak 3 kali kunjungan. Asuhan yang diberikan adalah pijat bayi, terjadi peningkatan berat badan bayi sebanyak 1.200 gram. Diharapkan selalu mempertahankan dan meningkatkan pelayanan kebidanan yang sudah ada sehingga bisa menerapkan asuhan yang komprehensif dan berkesinambungan dari ibu hamil, bersalin, nifas dan keluarga berencana .

Kata Kunci : Asuhan Kebidanan Kehamilan, Persalinan, BBL, dan Nifas

Referensi : 45 pustaka (2013-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
D-III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2023
LORENZA PRICILLIA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS.R AT PMB ROSITA IN
PEKANBARU CITY**

Xii ± 94 pages, 11 tables, 9 Attachments

ABSTRACT

The success of the maternal health program is assessed through the main indicator Maternal Mortality Rate (MMR). Efforts to accelerate the reduction of MMR can be carried out by midwives using the Continuity of Midwifery Care (CoMC) method. One of the efforts to prevent and treat complications in pregnancy, childbirth, postpartum, and neonates is continuous midwifery care. This case study aims to provide comprehensive and continuous midwifery care for Mrs. R, starting from pregnancy, childbirth, postpartum, and neonates, and documented with the SOAP method at PMB Rosita Pekanbaru City in 2023. Pregnancy care was carried out three times for Mrs. R during the third trimester. Complaints of low back pain were found during the third trimester of pregnancy. The care given is health education about managing daily activities. The delivery occurred by cesarean section at the hospital with indications of failed acceleration. The baby was born with a weight of 2800 grams, male sex. Postpartum visits were carried out thrice with complaints of problems with SC surgical wound pain, and an EPDS score of 2 was obtained. Mothers were taught how to maintain the cleanliness of SC surgical wounds, breastfeeding techniques, breast care, oxytocin massage, and proper nutrition for postpartum post-SC mothers. The mother uses progestin injections. Neonatal visits were carried out three times. The care given was baby massage. There was an increase in the baby's weight by 1,200 grams. It is hoped that it will always maintain and improve existing midwifery services to implement comprehensive and continuous care for pregnant women, childbirth, postpartum and family planning.

Keywords : Midwifery Care of Pregnancy, Labor, Newborn, and Puerperium

References : 45 references (2013-2022)