

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
SRI RAHMAWATI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A
DI PMB DINCE SAFRINA PEKANBARU TAHUN 2023**

±111 Halaman, 6 Tabel, 11 Lampiran, 2 Bagan

ABSTRAK

Dalam memberikan pelayanan ibu dan anak secara menyeluruh dan berkesinambungan bidan berperan penting didalamnya. Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan yang diberikan kepada Ny.A G₁P₀A₀H₀ diberikan di PMB Dince Safrina kota Pekanbaru dari bulan Januari 2022 - Februari 2023. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan dengan keluhan yang ibu alami adalah nyeri pinggang, sering BAK dan Susah BAB, diberikan asuhan sesuai dengan kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir Prematur di PMB Dince Safrina dengan spontan BB: 2600 gram PB: 46 cm, perdarahan ±150 cc, kontraksi baik, plasenta lahir lengkap, laserasi jalan lahir derajat II. Kunjungan nifas dilakukan sebanyak 4 kali kunjungan dengan masalah nyeri pada perineum dan pengeluaran ASI yang belum lancar. Ibu diajarkan teknik menyusui, pijat okstitosin dan perencanaan keluarga sehingga masalah dapat di atasi dan ibu berencana akan menggunakan KB suntik 3 bulan. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan, asuhan yang diberikan adalah pijat bayi, terjadi peningkatan berat badan bayi sebanyak 940 gram dan dilakukan asuhan perawatan tali pusat, pada hari ke-7 tali pusat sudah puput. Diharapkan tenaga kesehatan khususnya bidan dapat mempertahankan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*
Referensi : 60 Referensi (2010-2020)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2023
SRI RAHMAWATI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. A
AT PMB DINCE SAFRINA PEKANBARU 2023**

± 111 Pages, 6 Tables, 11 Appendices, 2 Charts

ABSTRACT

Midwives play an important role in providing comprehensive and sustainable maternal and child services. This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum, and neonates. Comprehensive and continuous care provided to Mrs. A G1P0A0H0 was provided at PMB Dince Safrina Pekanbaru City from January 2022 - February 2023. During pregnancy, three visits were made with complaints that the mother experienced low back pain, frequent urination, and difficulty defecating; given care according to needs and problems can be overcome. Delivery care was following Normal Childbirth Care (NCC); premature babies were born at PMB Dince Safrina with spontaneous with a body weight of 2600 grams and a body length of 46 cm, bleeding ± 150 cc, good contractions, complete delivery of the placenta, second-degree laceration of the birth canal. Postpartum visits were carried out four times with problems of pain in the perineum and milk production that was not smooth. Mothers are taught breastfeeding techniques, oxytocin massage, and family planning so that problems can be overcome, and mothers plan to use 3-month injectable birth control. Neonatal visits were carried out three times. The care provided was baby massage, an increase in the baby's weight by 940 grams, and care for the umbilical cord was carried out. On the 7th day, the umbilical cord had fallen off. It is hoped that health workers, especially midwives, can maintain midwifery care on an ongoing and sustainable basis, starting from pregnancy, childbirth, postpartum, and neonates.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonates*

References: 60 References (2010-2020)