**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA**

**POLITEKNIK KESEHATAN KEMENKES RIAU**

**PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023**

**PUTRI AYUNI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.A DI PRAKTIK MANDIRI BIDAN DINCE SAFRINA KOTA PEKANBARU**

**x + 114 Halaman + 8 Tabel + 7 Lampiran**

# ABSTRAK

*Continuity of Midwifery Care (CoMC)* merupakan salah satu model asuhan kebidanan yang apabila dilakukan dengan baik dan benar dapat meningkatkan kualitas asuhan dalam layanan kesehatan ibu dan anak (KIA) sehingga mempercepatan penurunan AKI dan AKB. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas dan neonatus . Asuhan ini dimulai sejak tanggal 03 Desember 2022 hingga 14 Februari 2023 pada Ny.A di PMB Dince Safrina dimulai pada usia kehamilan 35 minggu dan diikuti dengan 4 kali kunjungan kehamilan. Terdapat keluhan berupa nyeri pinggang yang diatasi dengan pemberian asuhan berupa kompres air hangat menggunakan handuk/ buli buli. Asuhan lainnya memberikan pendidikan kesehatan tentang nutrisi, dan persiapan persalinan. Persalinan Ny.A berlangsung spontan, terjadi pada usia kehamilan 39 minggu, dan persalinan dilakukan sesuai standar asuhan persalinan normal (APN), Persalinan dilakukan secara Normal. Asuhan masa nifas dilakukan 4 kali kunjungan, terdapat ketidaknyamanan karena *afterpain* yang dapat di atasi dengan memberikan kompres air hangat menggunakan handuk/buli-buli. Kunjungan neonatus dilakukan sebanyak 3 kali kunjungan (KN). Keluhan yang terdapat pada neonatus pada hari ke 39 yaitu *Diaper Rash/* Ruam Popok. Diberikan penkes mengenai personal hygine untuk selalu menjaga kebersihan bayi, menjaga bayi tetap hangat dan ASI tetap diberikan. Pada usia 39 hari Berat badan bayi meningkat dari 2900 gram menjadi 3600 gr. Diharapkan Bidan mengoptimalkan kualitas pelayanan kebidanan dengan menerapkan asuhan komprehensif dan berkelanjutan dimulai masa kehamilan sampai nifas 42 hari.

**Kata Kunci : Asuhan,Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus**

**Daftar Pustaka : 53 (2012-2020)**

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA**

**RIAU MINISTRY OF HEALTH POLYTECHNIC**

**MIDWIFE D-III STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2023**

**PUTRI AYUNI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. A AT INDEPENDENT MIDWIFERY PRACTICE DINCE SAFRINA MIDWIFE, PEKANBARU CITY**

**x + 114 Pages + 8 Tables + 7 Appendices**

**ABSTRACT**

Continuity of Midwifery Care (CoMC) is a model of midwifery care which, if done correctly, can improve the quality of care in maternal and child health services (MCH), thereby accelerating the decline in MMR and IMR. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonates. This care begins from 03 December 2022 to 14 February 2023 for Mrs. A at Independent Midwifery Practice Dince Safrina, starting at 35 weeks of gestation and followed by four prenatal visits. There are complaints in the form of low back pain, which is treated by providing care in the form of warm water compresses using a towel/bladder. Other care includes health education about nutrition and preparation for childbirth. Mrs. A's delivery took place spontaneously, occurred at 39 weeks of gestation, and the delivery was carried out according to normal delivery care standards (APN), the delivery was carried out normally. The postpartum care was carried out in 4 visits. There was discomfort due to afterpain, which could be overcome by applying warm water compresses using a towel/jar. Neonatal visits were carried out in three visits. Complaints found in neonates on day 39 is Diaper Rash. They were given health education regarding personal hygiene, always keeping the baby clean and warm, and continuing to provide breast milk. At 39 days, the baby's weight increased from 2900 grams to 3600 grams. Midwives are expected to optimize the quality of midwifery services by implementing comprehensive and continuous care from pregnancy until 42 days postpartum.

**Keywords: Care, Midwifery, Pregnancy, Childbirth, Postpartum, Neonates**

**Bibliography: 53 (2012-2020)**