

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
APRILIA SAMOSIR**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. B DI KLINIK
PRATAMA AFIYAH PEKANBARU TAHUN 2023**

xii+ 135 Halaman+ 9 tabel+ 10 Lampiran

ABSTRAK

Salah satu upaya yang dapat dilakukan seorang bidan dalam mendeteksi awal serta menurunkan angka kematian ibu dan bayi yaitu dengan asuhan kebidanan komprehensif. Asuhan komprehensif ini bertujuan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny B G2P1A0H1 33 minggu diberikan di Klinik Pratama Afiyah kota Pekanbaru dari bulan Oktober 2022-januari 2023. Pada masa kehamilan asuhan yang dilakukan penulis sebanyak 4 kali kunjungan di Klinik dengan keluhan yang dialami ibu adalah nyeri punggung, diberikan asuhan senam hamil dan kompres hangat, keluhan yang ibu alami dapat diatasi. Asuhan persalinan kala 1 diberikan bola persalinan, dengan asuhan Persalinan Normal di klinik bayi lahir normal, BB:3500 gram PB: 50 cm pendarahan 100 cc, kontraksi baik, plasenta lahir lengkap. Asuhan nifas dilakukan sebanyak 4 kali kunjungan di Klinik dan di rumah Ny B. Keluhan nifas ditemukan masalah after pain dengan pengeluaran ASI yang belum lancar. Asuhan yang diberikan masa nifas yaitu senam nifas, pijat oksitoksin sehingga masalah ibu dapat diatasi. Asuhan lain diberikan mobilisasi, senam kegel, perawatan luka, tanda bahaya nifas dan ibu menjadi akseptor KB suntik 3 bulan. Asuhan neonatus dilakukan sebanyak 3 kali di Klinik dan di rumah Ny B, asuhan yang diberikan perawatan tali pusat, pada hari ke 5 tali pusat sudah puput, menjaga kehangatan bayi, serta pijat bayi, tanda bahaya pada bayi, terjadi peningkatan berat badan bayi sebanyak 700 gram pada usia 21 hari. Disarankan kepada tenaga kesehatan khususnya Bidan untuk mempertahankan dan mengoptimalkan asuhan komprehensif pada kehamilan, persalinan, nifas, dan neonatus.

Kata Kunci : *Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, dan Neonatus.*

Referensi : 76 Referensi (2012-2020)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, MEY 2023
APRILIA SAMOSIR**

**COMPREHENSIVE MIDWIFERY CARE OF MRS. S IN THE KLINIK
PRATAMA AFIYAH PEKANBARU**

xii+ 135 Pages+ 9 tables+ 10 Appendices

ABSTRACT

One of the efforts that can be made by a midwife in detecting early and reducing maternal and infant mortality is with comprehensive midwifery care. This comprehensive care is carried out to detect early and prevent complications in pregnancy, childbirth, puerperium and neonates. Comprehensive and continuous care for Mrs. B G2P1A0H1 was given at the Afiyah Pratama Clinic, Pekanbaru city from October 2022 to January 2023. During pregnancy, 4 visits were made at the Afiyah Pratama Clinic with complaints experienced by the mother were back pain. Given the care of pregnant gymnastics and warm compresses, the complaints experienced by the mother can be overcome. The care of childbirth was carried out at the Afiyah Pratama Clinic in accordance with Normal Labor Care (APN), the baby was born normally, bleeding 100 cc, good contractions, the placenta was born complete. Postpartum care was carried out 4 visits at the Afiyah Pratama Clinic and at Mrs. B's house with after pain problems with breast milk production that was not smooth. The care given is postpartum gymnastics, oxytocin massage so that the mother's problems can be overcome and the mother is a 3-month injectable birth control acceptor. Neonate care was carried out 3 times at the Afiyah Pratama Clinic and at Mrs. B's house, the care given was umbilical cord care, on day 5 the umbilical cord had been removed, keeping the baby warm, and baby massage, there was an increase in baby weight of 700 grams at the age of 21 days. It is hoped that midwives can apply continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonates according to patient needs based on evidence based

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Keywords : *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, and Neonates.*

References : 76 References

