

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

PROGRAM STUDI D-III KEBIDANAN

LAPORAN TUGAS AKHIR, MEI 2023

GINA AZIZAH

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. V DIKLINIK
PRATAMA AFIYAH PEKANBARU**

xi+ 97 Halaman+ 8 Tabel+ 8 Lampiran

ABSTRAK

Upaya penurunan Angka kematian ibu (AKI) dilakukan dengan menjamin agar setiap ibu mampu mengakses pelayanan kesehatan ibu yang berkualitas, seperti pelayanan kesehatan ibu hamil, pertolongan persalinan oleh tenaga kesehatan terlatih di fasilitas pelayanan kesehatan, perawatan pasca persalinan bagi ibu dan bayi, perawatan khusus dan rujukan jika terjadi komplikasi, dan pelayanan keluarga berencana termasuk KB pasca persalinan. Asuhan kebidanan komprehensif atau *Continuty of Midwifery Care* (CoMC) bertujuan untuk mendeteksi secara dini komplikasi dan resiko tinggi pada ibu hamil, bersalin, masa nifas, dan neonatus. Asuhan kebidanan yang berkesinambungan pada Ny.V G1P0A0H0 di Klinik Pratama Afiyah Kota Pekanbaru dari bulan November 2022 sampai bulan Januari 2023 sebanyak 12 kali kunjungan, Yaitu masa kehamilan 5 kali, persalinan, nifas 4 kali, neonates 3 kali. Asuhan yang diberikan sesuai dengan standart kebidanan dan di dokumentasikan dengan metode SOAP. Pada kasus Ny.V selama kehamilan Trimester III, Ditemukan keluhan nyeri pinggang dan nyeri perut bagian bawah, Asuhan yang diberikan yaitu melakukan senam hamil untuk dan kompres hangat, Setelah diberikan asuhan keluhan ibu dapat diatasi. Persalinan berlangsung secara *sectio caesarea* di rumah sakit PMC dengan indikasi *Chepalopelvic Dispropotion* (CPD). Bayi lahir pukul 14.00 WIB dengan berat 3100 gram jenis kelamin Perempuan. Pada kunjungan nifas dengan post SC, ditemukan masalah nyeri luka post SC, asi sedikit, Asuhan yang diberikan yaitu perawatan pada post SC dan penkes menyusui sesering mungkin, perawatan payudara.dan menganjurkan ibu mengkonsumsi makanan tinggi protein. dan ibu memutuskan untuk menggunakan KB suntik 3 bulan. Pada masa neonatus diberikan asuhan pijat bayi dan terjadi peningkatan berat badan bayi. Diharapkan bidan dapat mempertahankan asuhan kebidanan berbasis *CoMC* dan melakukan pemeriksaan sesuai dengan standar pelayanan kebidanan dengan menggunakan pendokumentasian yang lengkap khususnya pada buku KIA dan memberikan asuhan yang kunjungan nifas sebanyak 4 kali.

KataKunci: Asuhan kesinambungan kehamilan, persalinan, nifas,neonatus.

DaftarBacaan : 73 referensi (2013-2023)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
D-III MIDWIFERY STUDYPROGRAM**

**FINAL PROJECT REPORT, MEI 2023
GINA AZIZAH**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. V AT
AFIYAH PRATAMA CLINIC IN PEKANBARU CITY
xi +97 Pages + 8 Tables + 8 Attachments**

ABSTRACT

Efforts to reduce the maternal mortality rate (MMR) are carried out by ensuring that every mother can access quality maternal health services, such as health services for pregnant women, delivery assistance by trained health workers at health service facilities, postpartum care for mothers and babies, special care and referral if complications occur, and family planning services including postpartum family planning. Comprehensive midwifery care or Continuity of Midwifery Care (CoMC) aims to detect complications and high risks early in pregnancy, childbirth, the postpartum period, and neonates. Continuing midwifery care for Mrs. V G1P0A0H0 at the Pratama Afiyah Clinic, Pekanbaru City, from November 2022 to January 2023, for 12 visits, namely five pregnancies, childbirth, four postpartum, and three neonates. The care provided follows midwifery standards and is documented using the SOAP method. In Mrs. V's case, during the third trimester of pregnancy, complaints of low back pain and lower abdominal pain were found. The care given was pregnancy exercises and warm compresses. After being given care, the mother's complaints were resolved. The delivery occurred by sectio caesarea at the PMC hospital with indications of cephalopelvic disproportion (CPD). The baby was born at 14.00 WIB with a weight of 3100 grams, female sex. During postpartum visits with post-SC, there were problems with post-SC wound pain, little breast milk, care given for post-SC and breastfeeding as often as possible, care for the breasts, and encouraging mothers to consume foods high in protein. and mother decided to use 3-month injectable birth control. Baby massage care was given during the neonatal period, and the baby's weight increased. Midwives are expected to maintain CoMC-based midwifery care, carry out examinations under midwifery service standards using complete documentation, especially in the MCH handbook, and provide care for four postpartum visits.

Keywords : *Carecontinuous care for pregnancy, childbirth, postpartum, neonates.*

Reference: 73 reference (2013-2023)