

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 29 MEI 2023  
ADHELIA PUTRI MAHARANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. H DI PMB  
HASNA DEWI PEKANBARU TAHUN 2023**

**xii + 131 Halaman, 8 tabel, 10 Lampiran**

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**ABSTRAK**

Salah satu indikator yang menggambarkan kesejahteraan masyarakat suatu negara adalah Angka Kematian Ibu dan Angka Kematian Bayi. Salah satu upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus adalah dengan memberikan asuhan kebidanan komprehensif dan berkesinambungan. Laporan tugas akhir ini bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.H di PMB Hasna Dewi Kota Pekanbaru. Asuhan kebidanan ini dilaksanakan dari bulan Desember 2022 s/d Maret 2023. Pada kontak pertama dengan Ny. H usia kehamilan 33-34 minggu dengan kehamilan resiko rendah. Dilakukan 3 kali kunjungan pada masa kehamilan. Selama kehamilan ditemukan keluhan nyeri punggung, dilakukan asuhan kompres air hangat dan senam hamil, ketidaknyamanan ibu dapat diatasi. Persalinan dilakukan sesuai dengan standar asuhan persalinan normal dan dilakukan asuhan berupa teknik pijat akupresur dan masase punggung. Persalinan berlangsung normal. Bayi lahir sehat, jenis kelamin laki-laki, dengan berat badan 3.100 gram dan panjang badan 51 cm. Pada masa nifas Ny.H dilakukan kunjungan 4 kali, Ny. H mengeluh pengeluaran ASI masih sedikit dan memberi asuhan perawatan payudara terhadap ibu, didapatkan skor EPDS 0. Masalah dapat diatasi dengan asuhan kebidanan, dan ibu memilih KB berisi hormon progesteron. Asuhan neonatus dilakukan 3 kali, pada kunjungan neonatus kedua didapatkan penurunan BB bayi sebesar 100 gram, diberikan asuhan pijat bayi dan memotivasi pemberian ASI eskulsif sehingga terjadi kenaikan BB sebanyak 500 gram. Bidan diharapkan mampu untuk dapat meningkatkan mutu pelayanan asuhan komprehensif dan berkesinambungan yang diberikan sesuai dengan standar pelayanan kebidanan dengan memberikan asuhan 4 kali kunjungan nifas.

Kata Kunci : *Asuhan, kehamilan, kunjungan, persalinan, nifas, neonatus.*  
Daftar Bacaan : 75 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH  
POLYTECHNIC OF RIAU  
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, 29 MAY 2023  
ADHELIA PUTRI MAHARANI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. H AT INDEPENDENT  
PRACTICE OF MIDWIFE HASNA DEWI PEKANBARU CITY ON 2023**

**xii + 131 pages, 8 tables, 10 attachments**

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***ABSTRACT***

One indicator that describes the welfare of a country's people is the Maternal Mortality Rate and the Infant Mortality Rate. One of the efforts to prevent and treat complications in pregnancy, childbirth, postpartum, and neonates is to provide comprehensive and continuous midwifery care. This final project report aims to provide care for the third trimester of pregnancy, childbirth, postpartum, and neonates by documenting SOAP to Mrs. H at PMB Hasna Dewi, Pekanbaru City. This midwifery care was carried out from December 2022 to March 2023. At the first contact with Mrs. H, 33-34 weeks gestational age with low-risk pregnancy. Three visits during pregnancy. During pregnancy, complaints of back pain were found, warm water compresses and pregnancy exercises were carried out, and the mother's discomfort could be overcome. The delivery was carried out by Normal Childbirth Care (NCC) in the form of acupressure massage techniques and back massage. The delivery took place normally. The baby was born a healthy male with a body weight of 3,100 grams and a body length of 51 cm. During the postpartum period, Mrs. H visited four times; Mrs. H complained that milk output was still small and gave breast care to the mother, obtaining an EPDS score of 0. The problem could be resolved with midwifery care, and the mother chose birth control containing the hormone progesterone. Neonatal care was carried out three times. At the second neonatal visit, the baby's weight decreased by 100 grams, baby massage was given, and motivated exclusive breastfeeding so that there was an increase in body weight by 500 grams. Midwives are expected to be able to improve the quality of comprehensive and continuous care services provided following midwifery service standards by providing care for four postpartum visits.

Keywords : *Care, pregnancy, visits, childbirth, postpartum, neonatus.*

Reading List : 75 references (2013-2023)