

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 22 MEI 2023**

**HAFIS HANISYA MAVE**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK  
PRATAMA ARRABIH KOTA PEKANBARU TAHUN 2023**

**Xi + 117 Halaman + 9 Tabel + 12 Lampiran**

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**ABSTRAK**

Secara global penyebab kematian ibu adalah akibat hipertensi, perdarahan, infeksi pada kehamilan dan penyebab lainnya. Salah satu upaya percepatan penurunan AKI dan AKB dilakukan dengan menerapkan model asuhan kebidanan yang berkelanjutan (*Continuity of Midwifery Care /CoMC*). Studi kasus ini dilakukan untuk memberikan asuhan kebidanan secara komprehensif dari masa kehamilan, persalinan, nifas dan neonatus pada Ny. S di Klinik Pratama Arrabih. Asuhan dilakukan dengan menggunakan pendekatan manajemen kebidanan dan pendokumentasian metode SOAP. Asuhan COMC dilakukan sejak bulan November hingga Desember 2022 sebanyak 3 kali kunjungan selama kehamilan Trimester III, persalinan, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Selama kehamilan Trimester III, ditemukan keluhan nyeri perut bagian bawah, sering BAK, dan perut tegang-tegang. Ibu diberikan pendidikan kesehatan dan diajarkan senam hamil dan personal hygiene sehingga keluhan dapat diatasi. Pertolongan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN) dan memberikan asuhan *birth ball* untuk mempercepat kemajuan persalinan dan teknik relaksasi untuk mengurangi rasa nyeri yang dirasakan. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan bayi aktif, berat badan 3060 gram, panjang badan 47 cm, jenis kelamin perempuan. Pada masa nifas berlangsung normal, ibu diajarkan senam nifas, pijat payudara dan oksitosin. Pada masa neonatus dilakukan pijat bayi dan ASI Eksklusif untuk meningkatkan berat badan bayi. Dimana terjadi kenaikan berat badan bayi sebesar 740 gram menjadi 3800 gram pada usia 30 hari. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonates serta melengkapi pendokumentasian sesuai manajemen kebidanan SOAP.

Kata Kunci : *Asuhan Kebidanan Hamil, Bersalin, Nifas, Neonatus, Komprehensif*

Referensi :72 (2008-2022)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, 22 MAY 2023**

**HAFIS HANISYA MAVE**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. S AT ARRABIH  
PRATAMA CLINIC IN PEKANBARU CITY IN 2023**

**Xi + 117 Pages + 9 Tables + 12 Attachman**

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**ABSTRACT**

Globally, maternal death causes are hypertension, bleeding, infections during pregnancy and other causes. One of the efforts to accelerate the reduction of MMR and IMR is carried out by implementing a Continuity of Midwifery Care (CoMC) model. This case study was conducted to provide comprehensive midwifery care for Mrs. S at the Arrabih Pratama Clinic. This care is carried out using the midwifery management approach and documentation of the SOAP method. CoMC care is carried out from November to December 2022, with three visits during the third trimester of pregnancy, childbirth, four postpartum visits, and three during neonates. During the third trimester of pregnancy, there were complaints of lower abdominal pain, frequent urination, and a tense stomach. Mothers are given health education and taught pregnancy exercises and personal hygiene so that complaints can be overcome. Delivery assistance is carried out following Normal Childbirth Care (NCC) standards and provides birth ball care to accelerate the progress of labor and relaxation techniques to reduce the pain felt. The baby was born spontaneously, cried loudly, had good muscle tone, active baby movements, body weight of 3060 grams, body length of 47 cm, and female sex. During the normal postpartum period, mothers are taught postpartum exercise, breast massage, and oxytocin. In the neonatal period, infant massage and exclusive breastfeeding are carried out to increase the baby's weight. There is an increase in baby weight by 740 grams to 3800 grams at 30 days. It is recommended that midwives as health workers can maintain the provision of comprehensive and continuous midwifery services, especially care for pregnant women, childbirth, postpartum, and neonates.

**Keywords** : *Pregnancy Care, Maternity, Postpartum, Neonates, Comprehensive*  
**Reference** : *72 (2008-2022)*