

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2023

ARFEMINTASYA BANATI NURKHAIRANI

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. L DI KLINIK
UTAMA TAMAN SARI 1 KOTA PEKANBARU 2023**

xiii+ 97 Halaman, 11 Tabel, 10 Lampiran

ABSTRAK

Keberhasilan Program kesehatan ibu dapat dinilai melalui indikator utama Angka Kematian Ibu. Salah satu upaya percepatan penurunan AKI dilakukan oleh bidan dengan metode *Continuity of Midwifery Care*, merupakan layanan kebidanan melalui model pelayanan berkelanjutan sepanjang masa kehamilan, persalinan, nifas, neonatus dan KB. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas dan neonatus yang dilakukan dari bulan Desember 2022 sampai Februari 2023 pada Ny.L G₁P₀A₀H₀ di Klinik Utama Taman Sari 1 kota Pekanbaru. Asuhan sebanyak 11 kali yaitu masa kehamilan 4 kali, nifas 4 kali dan neonatus 3 kali. Keluhan ibu pada masa kehamilan yaitu nyeri pinggang, nyeri perut bagian bawah, sering BAK dan penulis telah melakukan penatalaksanaan sesuai teori sehingga dapat mengurangi keluhan ibu. Proses persalinan berlangsung secara *Sectio Caesarea* di Rumah Sakit Syafira Kota Pekanbaru dengan indikasi Gagal Induksi disebabkan kontraksi yang tidak adekuat, bayi lahir pukul 02:45 WIB, jenis kelamin laki-laki, berat badan 3300 gram dan panjang badan 49 cm. Pada masa nifas hari 1 masalah yang ditemukan yaitu ASI belum lancar, maka diberikan asuhan pijat oksitosin dan menganjurkan makan daun katuk dan pada hari ke 6 ASI sudah lancar. Masa neonatus berlangsung normal dan tidak ditemukan masalah ataupun penyulit, asuhan yang diberikan yaitu pijat bayi dan pendidikan kesehatan Asi Eksklusif. Bayi Ny.L pada hari ke 27 mengalami peningkatan berat badan dari 3300 gram menjadi 4000 gram. Disarankan kepada tenaga kesehatan khususnya bidan dapat mendukung pemberian ASI eksklusif pada bayi meskipun pada bayi dengan riwayat *Sectio Ceasarea*.

Kata Kunci: *Asuhan Kebidanan Kehamilan, Persalinan, Nifas, dan Neonatus*
Daftar Bacaan : 56 Referensi (2012-2021)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU MINISTRY OF HEALTH
STUDY PROGRAM D III MIDWIFERY**

FINAL TASK REPORT, MARCH 2023

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS. L CLINIC IN
TAMAN SARI 1 PEKANBARU CITY IN 2023**

xii+ 97 Pages, 11 Tables, 10 Appendices

ABSTRACT

The success of the maternal health program can be assessed through the main indicator of maternal mortality rate. One of the efforts to accelerate the reduction of AKI is carried out by midwives with the Continuity of Midwifery Care method, is a midwifery service through a continuous service model throughout pregnancy, childbirth, postpartum, neonatus and family planning. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum and neonates carried out from December 2022 to February 2023 on Mrs.L G₁P₀A₀H₀ at Taman Sari 1 Main Clinic, Pekanbaru city. The care was 11 times, namely pregnancy 4 times, postpartum 4 times and neonate 3 times. Maternal complaints during pregnancy are low back pain, lower abdominal pain, frequent urination and the author has carried out management according to theory so as to reduce maternal complaints. The delivery process took place by Sectio Caesarea at Syafira Hospital Pekanbaru City with indications of failed induction due to inadequate hiss, the baby was born at 02:45 WIB, male sex, weight 3300 grams and length 49 cm. In the postpartum period on day 1, the problem found was, that the breast milk was not smooth, so oxytocin massage was given and recommended eating katuk leaves and on day 6 the breast milk was smooth. The neonate period was normal and no problems or complications were found, the care given was baby massage and exclusive breastfeeding health education. Baby Mrs.L on day 27 had an increase in body weight from 3300 grams to 4000 grams. It is recommended that health workers, especially midwives, can support exclusive breastfeeding in infants even in infants with a history of Sectio Ceasarea.

Keywords : *Abstetric Care for Pregnancy, Labor, Postpartum, and Neonates*
Reading List : 56 References (2012-2021)