

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR , MEI 2023

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.R DI KLINIK
PRATAMA TAMAN SARI KOTA PEKANBARU TAHUN 2023**

±120 Halaman , 8 Tabel , 10 Lampiran

ABSTRAK

Komplikasi utama yang menyebabkan hampir 75 % dari semua kematian ibu adalah perdarahan hebat setelah melahirkan, infeksi, tekanan darah tinggi selama kehamilan (preeklampsia dan eklampsia), komplikasi dari persalinan, dan aborsi yang tidak aman. Upaya yang dapat dilakukan oleh bidan dalam membantu menurunkan AKI dan AKB salah satunya dengan melakukan asuhan kebidanan yang disebut dengan metode *Continuity of Midwifery Care* (COMC). Studi kasus ini bertujuan memberikan asuhan komprehensif dari kehamilan, persalinan, nifas dan neonatus pada Ny. R G2P1A0H1 di Klinik Pratama Taman Sari 4. Asuhan ini dilakukan dengan metode COMC menggunakan pendekatan manajemen kebidanan. Asuhan dilakukan dari bulan Desember 2022 sampai dengan Maret 2023 sebanyak 3 kali kunjungan kehamilan Trimester III, persalinan, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Selama kehamilan Trimester III ditemukan keluhan sering buang air kecil (BAK) di malam hari, nyeri pinggang dan nyeri perut bagian bawah serta keluarnya lendir keputihan. Ibu diberikan pendidikan kesehatan dan diajarkan senam hamil dan personal hygiene. Pertolongan persalinan dilakukan sesuai standar Asuhan persalinan Normal (APN) dan diberikan asuhan relaksasi untuk mengurangi rasa nyeri. Bayi lahir spontan, menangis kuat, tonus otot baik, berat badan 3700 gram dan Panjang badan 49 cm, jenis kelamin laki-laki, masa nifas berjalan normal, ibu diajarkan mobilisasi dini, senam nifas, dan skrining *Edinburgh Postnatal Depression Scale* (EPDS) normal. Pada neonatus dilakukan pijat bayi dan pemberian Asi sehingga berat badan bayi bertambah menjadi 4100 gram pada usia 28 hari. Bidan diharapkan mampu untuk mengaplikasikan asuhan yang telah diberikan sesuai dengan kebutuhan pasien berdasarkan *evidence based*.

Kata Kunci : Asuhan Kebidanan, Komprehensif, kehamilan, Persalinan,
Nifas, Neonatus.

Daftar Bacaan : 71 (2012-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC MINISTRY OF HEALTH RIAU
D III MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, MEY 2023

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**COMPREHENSIVE MIDWIFE CARE FOR NY. R AT KLINIK
PRATAMA TAMAN SARI 4 IN PEKANBARU CITY**

± 120 Pages, 8 Tables, 10 Attachments

ABSTRACT

The main complications that account for nearly 75% of all maternal deaths are heavy bleeding after childbirth, infection, high blood pressure during pregnancy (preeclampsia and eclampsia), complications from childbirth, and unsafe abortion. One of the efforts midwives can make to help reduce MMR and IMR is by providing the Continuity of Midwifery Care (CoMC) method. This case study aims to provide comprehensive care for pregnancy, childbirth, postpartum, and neonates to Mrs. R G2P1A0H1 at Taman Sari 4 Primary Clinic. This care was carried out using the CoMC midwifery management approach. The care was carried out from December 2022 to March 2023, with three visits during the third trimester of pregnancy, childbirth, four postpartum visits, and three during neonates. During the third trimester of pregnancy, complaints of frequent urination (BAK) at night, low back pain and lower abdominal pain, and discharge of whitish mucus were found. Mothers are given health education and taught pregnancy exercises and personal hygiene. Delivery assistance is carried out according to Normal Childbirth Care (NCC) standards, and relaxation care is given to reduce pain. The baby was born spontaneously, cried loudly, had good muscle tone, a body weight of 3700 grams, and a body length. Male, male sex, the postpartum period was normal. The mother was taught early mobilization and postpartum exercise, and the Edinburgh Postnatal Depression Scale (EPDS) screening was normal. In neonates, baby massage and breastfeeding are carried out so that the baby's weight increases to 4100 grams at 28 days of age. Midwives are expected to be able to apply the care that has been given following the needs of patients based on evidence-based.

Keywords : Midwifery Care, Comprehensive, Pregnancy, Childbirth, postpartum neonates.

Reading Lists : 71 Reference (2012-2022)