

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
WIDYA LESTARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK
PRATAMA TAMAN SARI 4 KOTA PEKANBARU TAHUN 2023
Xii + 128 Halaman + 7 Tabel + 12 Lampiran**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi pada kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan memberikan asuhan kebidanan secara *komprehensif* pada kehamilan, bersalin, masa nifas, neonatus pada Ny. S di Praktik Klinik Pratama Taman Sari 4 kota Pekanbaru. Pelaksanaanya dilakukan sesuai standar asuhan kebidanan dengan Pendekatan Manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan pada Ny. S G2P1A0H1 dari bulan Desember sampai Februari 2023 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali, bersalin, nifas 4 kali, neonatus 3 kali. Pada kehamilan Trimester III Kartu Skor Poedji Rochjati bernilai 10 yaitu Kehamilan dengan resiko tinggi. Ditemukan letak bayi sungsang pada usia kehamilan 30-31 minggu. Asuhan yang diberikan yaitu mengajarkan ibu senam hamil, melakukan *Knee cest position*, Setelah diberikan asuhan, pada kunjungan berikutnya letak bayi normal. Keluhan lainnya bersifat fisiologis dan dapat diatasi dengan memberikan pendidikan kesehatan tentang cara mengatasi keluhan yang dialami. Persalinan berlangsung secara normal. Bayi lahir pukul 06.20 WIB dengan berat 3.300 gram, panjang badan 50 cm, jenis kelamin laki-laki. Pada kunjungan nifas didapatkan skor *EPDS 2*. Keluhan selama masa nifas bersifat normal. Asuhan nifas lainnya memberikan konseling keluarga berencana, perawatan payudara. ibu berencana menggunakan KB Progestin. Asuhan pada neonatus diajarkan cara perawatan tali pusat, pijat bayi, ASI eksklusif. Diakhir masa asuhan berat badan bayi 4.300 gram. Diharapkan Bidan dapat melakukan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai dengan standar asuhan pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas dan neonatus

Kata kunci : Kebidanan, Persalinan, Nifas Dan Neonatus

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**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
POLTEKES KEMENKES RIAU
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2023
WIDYA LESTARI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. S AT THE TAMAN SARI
4 PRATAMA CLINIC IN PEKANBARU CITY IN 2023.**

128 Pages+ 7 Tables+ 12 Attachments+

ABSTRAC

One of the efforts in the prevention and management of complications in pregnancy, childbirth, postpartum and neonates is with Continuity of Midwifery Care (CoMC). This midwifery care aims to provide comprehensive midwifery care in pregnancy, childbirth, postpartum period, neonates in Mrs.S at Taman Sari Pratama Clinic Practice 4 Pekanbaru city. The implementation is carried out according to midwifery care standards with a midwifery management approach and documented using the SOAP method. This midwifery care was carried out from December to February 2023 for 10 visits, namely pregnancy 3 times, delivery, postpartum 4 times, neonate 3 times. In pregnancy Trimester III Poedji Rochjati Score Card is worth 10, namely Pregnancy with high risk. It was found that the baby was sunsang at 30-31 weeks of gestation. The care given is teaching the mother pregnant gymnastics, doing Knee cesh, After being given care at the next visit the baby's location is normal, other complaints are physiological and can be overcome by providing health education on how to overcome the complaints experienced. Labor took place normally. The baby was born at 06.20 WIB with a weight of 3,300 grams, 50 cm in length, male gender; at the postpartum visit obtained an EPDS score of 2. Complaints during the postpartum period were normal, other postpartum care provided family planning counseling, provided breast care counseling, the mother decided to use 3-month injectable birth control. Care for the neonate mother was taught how to care for the umbilical cord, baby massage, exclusive breastfeeding. At the end of the care period the baby's weight was 4,300 grams. It is expected that health workers, especially midwives, can provide midwifery care in a sustainable and continuous manner in accordance with the standards of midwifery care starting from pregnancy, childbirth, postpartum and neonates.

Keywords: Midwifery Care for Pregnant Women, Maternity, Puerperium and Neonates