

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
DINNY NOVITA FAREZI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PRAKTEK
MANDIRI BIDAN DINCE SAFRINA KOTA PEKANBARU**

± 175 Halaman, 10 Tabel, 7 Lampiran

ABSTRAK

Model asuhan *Continuity of Midwifery Care* (CoMC) dilakukan dengan menjamin agar setiap ibu mampu mengakses pelayanan kesehatan yang berkualitas tinggi dengan biaya yang efektif sesuai dengan *evidence based* kebidanan. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan secara komprehensif dari kehamilan trimester III, bersalin, nifas, dan neonatus dengan menggunakan pendekatan manajemen kebidanan pada Ny.S di PMB Dince Safrina Kota Pekanbaru. Asuhan kebidanan ini dilakukan pada bulan November 2022 - Februari 2023. Asuhan masa kehamilan dilakukan sebanyak 4 kali, persalinan 1 kali, nifas 4 kali dan neonatus 3 kali kunjungan. Ketidaknyamanan yang dialami Ny.S pada trimester III yaitu nyeri pinggang yang diatasi dengan kompres air hangat dan keluhan sering BAK diatasi dengan mengurangi konsumsi minuman berkafein. Persalinan berlangsung pada usia kehamilan 39-40 minggu dan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir spontan BB: 3.200 gram, PB: 49 cm, pengeluaran darah ± 150 cc, kontraksi baik, plasenta lahir lengkap dengan laserasi jalan lahir derajat II. Pada masa nifas ditemukan masalah puting lecet yang diatasi dengan asuhan teknik menyusui, perlekatan yang benar serta pemberian topical ASI. Hasil konseling KB ibu memutuskan menggunakan KB suntik 3 bulan. Pada asuhan neonatus ditemukan masalah miliariasis yang diatasi dengan pemberian pendidikan kesehatan tentang *personal hygiene* dan mandi menggunakan sabun antiseptik. Bayi Ny.S diberikan ASI saja dan rutin melakukan pijat bayi, sehingga pada usia 28 hari terjadi peningkatan berat badan bayi sebesar 1000 gram dari 3200 gram saat lahir menjadi 4200 gram. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan berdasarkan *evidence based*.

**Kata Kunci : Asuhan kebidanan, komprehensif, kehamilan, persalinan,
nifas, neonatus**

Referensi : 80 referensi (2012 – 2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2023
DINNY NOVITA FAREZI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT THE
PRACTICE OF INDEPENDENT MIDWIFE DINCE SAFRINA
PEKANBARU CITY**

± 175 Pages, 10 Tables, 7 Appendices

ABSTRACT

The Continuity of Midwifery Care (CoMC) model of care ensures that every mother can access high-quality, cost-effective health services following evidence-based midwifery. This final project report aims to provide comprehensive midwifery care for the third trimester of pregnancy, childbirth, postpartum, and neonates using a midwifery management approach to Mrs. S at PMB Dince Safrina Pekanbaru City. This midwifery care was carried out from November 2022 - February 2023. Care during pregnancy was carried out four times, one delivery, four postpartum visits, and three neonatal visits. The discomfort experienced by Mrs.S in the third trimester, namely low back pain, which was treated with warm water compresses, and complaints of frequent urination were treated by reducing consumption of caffeinated drinks. Childbirth occurs at 39-40 weeks of gestation and is carried out according to Normal Childbirth Care (NCC) standards. The baby was born spontaneously at 3,200 grams, body length of 49 cm, bleeding ± 150 ccs, good contractions, and complete delivery of the placenta with second-degree birth canal lacerations. During the puerperium, there was a problem with chafed nipples which was treated with care for breastfeeding technique, correct attachment, and administration of topical breast milk. The results of family planning counseling, the mother decided to use 3-month injectable birth control. In neonatal care, the problem of filariasis was found, which was overcome by providing health education about personal hygiene and bathing using antiseptic soap. Mrs. S's baby was given only breast milk and routine baby massage so that at the age of 28 days, there was an increase in the baby's weight by 1000 grams from 3200 grams at birth to 4200 grams. It is hoped that health workers, especially midwives, can carry out midwifery care on an ongoing and sustainable basis based on evidence-based.

**Keywords : Midwifery care, comprehensive, pregnant, maternity,
puerperium, neonate**

Reference : 80 reference (2012 – 2022)