

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, JUNI 2023

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI KLINIK
PRATAMA AFIYAH KOTA PEKANBARU TAHUN 2023
xii + 130 Halaman + 11 tabel + 11 Lampiran, Gambar**

ABSTRAK

Salah satu usaha bidan dalam menekan Angka Kematian Ibu (AKI), pada masa kehamilan, persalinan, nifas, bayi baru lahir, dan KB yaitu menjalankan program pemerintah dalam melakukan asuhan kebidanan komprehensif dan berkelanjutan yang disebut metode *Continuity of Midwifery Care (COMC)*. Asuhan kebidanan komprehensif pada Ny.T dilakukan di Klinik Pratama Afiyah kota Pekanbaru, sejak Desember 2022 - Maret 2023. Bertujuan memberikan asuhan komprehensif dan berkesinambungan dan menerapkan manajemen kebidanan di fasilitas kesehatan maupun kunjungan rumah. Asuhan dilakukan mulai dari kehamilan 33 - 38 minggu, bersalin, nifas, dan neonatus, dengan pendokumentasian SOAP. Asuhan kehamilan pada Ny.T G₁P₀A₀ dilakukan sebanyak 4 kali, kehamilan berlangsung dengan normal. Keluhan yang dialami berupa keputihan dan sering BAK di malam hari dapat teratasi dengan memberikan asuhan dan pendidikan kesehatan yang sesuai. Persalinan sesuai standar Asuhan Persalinan Normal (APN), kala I dengan KPD. Dilakukan induksi sesuai instruksi dokter dan dapat teratasi, terdapat laserasi dejerat II. Bayi lahir dengan BB 2.600 gram dan jenis kelamin perempuan. Asuhan nifas dilakukan kunjungan 4 kali. Diberikan asuhan senam nifas, pendidikan kesehatan tentang ASI eksklusif, skrining *Edinburgh Postnatal Depression Scale (EPDS)* dan Konseling Informasi Edukasi (KIE) tentang KB. Asuhan Neonatus normal dilakukan 3 kali kunjungan. Diberikan asuhan perawatan tali pusat dan pijat bayi. Terjadi kenaikan BB selama 25 hari 700 gram. Diharapkan bidan dapat memberikan asuhan senam hamil, mempertahankan asuhan persalinan dengan APN, meningkatkan asuhan nifas sampai 40 hari dan asuhan neonatus sampai 28 hari berdasarkan *Evidence Based*.

Kata Kunci : *Asuhan, komprehensif, kunjungan, kehamilan, persalinan, nifas*
Referensi : 75 referensi (2013-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

FINAL PROJECT REPORT, JUNE 2023

YUWINDA SARI

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. T AT AFIYAH
PRATAMA CLINIC IN PEKANBARU CITY
xii + 130 Pages + 11 tables + 11 Attachments, Pictures**

ABSTRACT

One of the efforts of midwives in reducing maternal mortality rates (MMR) during pregnancy, childbirth, postpartum, newborns, and family planning is running a government program to conduct comprehensive and sustainable midwifery care called the *Continuity of Midwifery Care (COMC)* method. Comprehensive midwifery care for Mrs. T was carried out at the Pratama Afiyah Clinic in Pekanbaru City from December 2022 - March 2023 and aimed to provide comprehensive and continuous care and apply midwifery management in health facilities and home visits. Care was carried out starting from 33 - 38 weeks of pregnancy, delivery, postpartum, and neonates, with SOAP documentation. Pregnancy care for Mrs.T G1P0A0 was carried out four times, and the pregnancy progressed normally. Complaints experienced in the form of vaginal discharge and frequent urination at night can be resolved by providing appropriate care and health education. Delivery according to Normal childbirth Care (NCC) standards, stage I with KPD. Induction was performed according to the doctor's instructions and resolved. There was II degree of laceration. The baby was born with a weight of 2,600 grams and female sex. The postpartum care was carried out in 4 visits. Postpartum exercises, health education on exclusive breastfeeding, *Edinburgh Postnatal Depression Scale (EPDS)* screening, and Educational Information Counseling (IEC) on family planning were provided. Normal neonate care was performed for three visits. Cord care and infant massage were given. There was an increase in weight for 25 days of 700 grams. Midwives are expected to provide pregnant gymnastics care, maintain labor care with APN, and improve postpartum care until 40 days and neonate care until 28 days based on *Evidence-Based*.

Keywords : Care, comprehensive, visit, pregnancy, childbirth, puerperium

References : 75 references (2013-2022)