

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2023

LAMTIURMA GULTOM

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.F DI KLINIK
TAMAN SARI 6 KOTA PEKANBARU
117 Halaman + 5 tabel + 9 Lampiran**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, bayi baru lahir, nifas, neonatal, dan keluarga berencana adalah dengan menggunakan metode *Continuity of Midwifery Care* (CoMC). Laporan tugas akhir ini bertujuan untuk memberikan asuhan komprehensif dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP. Asuhan kebidanan ini dilaksanakan pada Ny.F di Klinik Taman Sari 6 Kota Pekanbaru dari bulan Desember 2022 s/d Maret 2023. Dilakukan kunjungan 4 kali pada saat hamil, 1 kali kunjungan pada saat mendampingi proses persalinan, 4 kali kunjungan pada masa nifas, dan 3 kali kunjungan neonatus. Selama masa kehamilan keluhan yang dialami Ny. F yaitu mengalami keluhan sering buang air kecil dan nyeri punggung, diberikan asuhan seperti konseling tentang keluhan yang dialami dan masalah dapat diatasi. Pada saat persalinan mengalami ketuban Pecah Dini (KPD) kolaborasi dengan dokter agar melakukan akselerasi drip oksitosin 5 IU dalam 500 ml Dekstros 5%, pertolongan persalinan sesuai Asuhan persalinan Normal (APN), diberikan asuhan sayang ibu berupa tehnik mengurangi rasa nyeri seperti massase punggung dan tehnik relaksasi sehingga proses persalinan berlangsung normal dengan laserasi derajat dua. Bayi lahir dengan BB 3.000 gram dan jenis kelamin laki-laki. Pada masa nifas berlangsung normal, ibu diajarkan mobilisasi dini, senam nifas dan *skrining Edinburgh Postnatal Depression Scale* (EPDS), dan memberi pengetahuan tentang KB, rencana akseptor kb suntik Progestin. Nifas berlangsung normal. Pada neonatus keadaan bayi normal, kenaikan berat badan bayi 900 gram selama 28 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*

Daftar Bacaan : 66 referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF THE MINISTRY OF HEALTH RIAU
MIDWIFERY D III STUDY PROGRAM**

FINAL PROJECT REPORT, MAY 2023

LAMTIURMA GULTOM

**COMPREHENSIVE OBSTETRIC CARE FOR MRS. F AT TAMAN SARI
6 CLINIC PEKANBARU CITY**

117 Pages + 5 tables + 9 Appendices

ABSTRACT

One of the efforts in preventing and handling complications in pregnancy, childbirth, newborns, postpartum, neonatal, and family planning is to use the *Continuity of Midwifery Care (CoMC)* method). This final project report aims to provide comprehensive care from the third trimester of pregnancy, childbirth, puerperium, and neonates with SOAP documentation. This midwifery care was carried out at Mrs. F at Taman Sari Clinic 6 Pekanbaru City from December 2022 to March 2023. Four visits were made during pregnancy, one visit when accompanying the delivery process, four visits during the puerperium, and three neonatal visits during pregnancy. Mrs. F is experiencing complaints of frequent urination and back pain, given care such as counseling about complaints experienced and problems can be overcome. When labor, experiences premature rupture of membranes (KPD), collaboration with the doctor to accelerate the oxytocin drip of 5 IU in 500 ml Dextrose 5%, labor assistance according to Normal Labor Care (APN), maternal care is given in the form of pain-reducing techniques such as back massage and relaxation techniques so that the labor process takes place generally with second-degree lacerations. The baby was born with a weight of 3,000 grams and male gender. During the normal postpartum period, mothers are taught early mobilization, puerperal gymnastics, and *Edinburgh Postnatal Depression Scale (EPDS)* screening, and provide knowledge about birth control, Progestin injectable birth control acceptor plans. The puerperium proceeds normally. In neonates of normal infant condition, the baby's weight gain is 900 grams for 28 days. Midwives are expected to maintain and improve comprehensive and sustainable midwifery care under midwifery service standards.

Keywords: *Comprehensive care, pregnancy, childbirth, puerperium, neonate.*

Reading List: 66 references (2013-2023)