

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023  
WISKA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PMB ROSITA  
PEKANBARU TAHUN 2023**

**xiii+ 133 Halaman+ 8 tabel+ 10 Lampiran**

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**ABSTRAK**

Asuhan berkesinambungan merupakan sebuah proses dimana seorang Bidan terlibat secara kooperatif dalam memberikan asuhan kebidanan yang berkelanjutan dimulai dari kehamilan, bersalin, nifas dan neonatus. Studi kasus ini bertujuan memberikan asuhan kebidanan yang komprehensif dan berkesinambungan pada Ny.S G2P1A0H0 UK 28-29 minggu di PMB Rosita Kota Pekanbaru. Asuhan diberikan sesuai standar kebidanan dan di dokumentasikan dengan metode SOAP. Asuhan kebidanan diberikan pada tanggal 22 November 2022 s/d 10 Maret 2023 yaitu 4 kali kunjungan kehamilan, asuhan saat mendampingi proses persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Keluhan Ny. S pada saat hamil yaitu nyeri punggung. Asuhan yang diberikan yaitu senam hamil dan masalah nyeri dapat teratasi. Asuhan persalinan sesuai Standar Asuhan Persalinan Normal. Diberikan asuhan masase punggung untuk mengurangi rasa nyeri persalinan dan birth ball untuk mempercepat pembukaan serviks serta mempercepat penurunan kepala bayi, bayi lahir spontan BB:2850 gr PB:48 cm, plasenta lengkap, Perdarahan  $\pm$ 100cc, kontraksi baik. kunjungan nifas didapat masalah ASI sedikit dilakukan asuhan pijat oksitosin dan teknik menyusui, sehingga ASI lancar pada hari ke 3 , asuhan lainnya senam nifas untuk mempercepat proses involusi uteri, serta konseling KB, dan ibu sudah menjadi akseptor KB Pil progestin 3 bulan. Kunjungan neonatus dilakukan perawatan tali pusat sehingga tali pusat puput pada hari ke 5 dan dilakukan pijat bayi untuk meningkatkan BB bayi , terjadi peningkatan BB bayi sebanyak 950 gr selama 32 hari. Disarankan kepada tenaga kesehatan khususnya Bidan untuk mempertahankan dan mengoptimalkan asuhan komprehensif pada kehamilan, persalinan, nifas, dan neonatus.

**Kata Kunci : *Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, dan Neonatus.***

**Referensi : 75 Referensi (2013-2021)**

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
RIAU MINISTRY OF HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MEY 2023  
WISKA PUTRI**

**COMPREHENSIVE MIDWIFERY CARE OF MRS. S IN THE PMB  
ROSITA PEKANBARU**

**xiii+ 133 Pages+ 8 tables+ 10 Appendices**

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**ABSTRACT**

Continuing care is when a midwife cooperates in providing continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonates. This case study aims to provide comprehensive and constant midwifery care to Mrs.S G2P1A0H0 with pregnancy age of 28-29 weeks at PMB Rosita Pekanbaru City. Care is provided according to midwifery standards and documented using the SOAP method. Midwifery care was provided from 22 November 2022 to 10 March 2023, namely four prenatal visits, care while accompanying the delivery process, four postpartum visits, and three neonatal visits—complaint Mrs. S during pregnancy, namely back pain. The care given is pregnancy exercise, and pain problems can be resolved. Delivery care according to Normal Childbirth Care Standards. Back massage care was given to reduce labor pain, and a birth ball was used to speed up the opening of the cervix and accelerate the descent of the baby's head; the baby was born spontaneously with a body weight of 2850 grams and a body length of 48 cms, complete placenta, bleeding  $\pm$  100cc, good contractions. Postpartum visits have minor breastfeeding problems, oxytocin massage care, and breastfeeding techniques, so breastfeeding is smooth on the 3rd day; other care is a postpartum exercise to speed up the process of uterine involution, as well as family planning counseling, and the mother has become a three-month progestin pill acceptor. In neonatal visits, umbilical cord care was carried out so that the umbilical cord was ruptured on day five, and the baby massage was carried out to increase the baby's weight; there was an increase in the baby's weight by 950 grams for 32 days. It is recommended for health workers, especially midwives, to maintain and optimize comprehensive care in pregnancy, childbirth, postpartum, and neonates.

Keywords : *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, and Neonates.*

References : 75 References (2013-2021)