

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023
DINA ALFIANA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY “D” DI KLINIK
PRATAMA JAMBU MAWAR KOTA PEKANBARU**

xi + 121 Halaman + 7 Tabel + 10 Lampiran

ABSTRAK

Indikator utama yang menjadi gambaran kesejahteraan suatu masyarakat khususnya di negara berkembang salah satunya adalah Angka Kematian Ibu (AKI). Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Laporan kasus ini bertujuan untuk memberikan asuhan pada Ny. D dari masa kehamilan, persalinan, nifas, dan neonatus di Klinik Pratama Jambu Mawar kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan November 2022-Januari 2023 dengan frekuensi kunjungan masa hamil 4 kali, persalinan 1 kali, nifas 4 kali, dan neonatus 3 kali di klinik dan rumah pasien. Proses kehamilan berlangsung fisiologis dan hanya keluhan ketidaknyamanan trimester III yaitu nyeri punggung yang dapat diatasi dengan memberikan asuhan kompres hangat. Persalinan terjadi pada usia kehamilan (38-39 minggu) terdapat keluhan nyeri kontraksi dan diberikan asuhan sayang ibu berupa menghadirkan pendamping sehingga persalinan berlangsung normal. Bayi lahir dengan jenis kelamin laki laki, berat badan 2.900 gram, panjang badan 49 cm. Saat kunjungan nifas keluhan yang didapatkan ketidaknyamanan *after pain* dan pengeluaran ASI belum lancar, diberikan penkes dan pijat oksitosin untuk mengatasi keluhan. Bayi Ny. D diberikan asuhan berupa pijat bayi, pada akhir asuhan yaitu 28 hari berat badan bayi mengalami kenaikan 1200 gram dari berat badan lahir menjadi 4100 gram. Diharapkan bidan dapat mempertahankan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai dengan standar asuhan pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan,
Nifas, Neonatus**

Kepustakaan : 54 referensi (2010-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2023
DINA ALFIANA**

**COMPREHENSIVE OF MIDWIFERY CARE TO MRS. “D” AT THE
PRATAMA JAMBU MAWAR CLINIC OF PEKANBARU**

xi + 121 Pages + 7 Tables + 10 Attachments

ABSTRACT

One of the main indicators that describes the welfare of a society, especially in developing countries, is the Maternal Mortality Rate (MMR). One of the efforts to prevent and treat complications in pregnancy, childbirth, postpartum and neonates is comprehensive midwifery care or *Continuity of Midwifery Care* (CoMC). This case report aims to provide care to Mrs. D from the period of pregnancy, childbirth, childbirth and neonates at the Jambu Mawar Pratama Clinic, Pekanbaru. Implementation is carried out according to midwifery care standards with a midwifery management approach and documented using the SOAP method. This midwifery care was carried out from November 2022-January 2023 with a frequency of 4 visits during pregnancy, 1 delivery, 4 postpartum visits, and 3 neonatal visits to clinics and patient homes. The process of pregnancy takes place physiologically and the only complaints of discomfort in the third trimester are back pain which can be overcome by providing warm compresses. Childbirth occurs at gestational age (38-39 weeks) there are complaints of painful contractions and maternal care is given in the form of having a companion so that the delivery takes place normally. The baby was born with male gender, body weight 2900 grams, body length 49 cm. During the postpartum visit, complaints of discomfort were obtained *after pain* and milk production is not smooth, health workers and oxytocin massage are given to deal with complaints. Baby Mrs. D was given care in the form of baby massage, at the end of care, namely 28 days, the baby's weight had increased by 1200 grams from birth weight to 4100 grams. It is hoped that midwives can maintain midwifery care on an ongoing and continuous basis in accordance with midwifery care standards starting from pregnancy, childbirth, postpartum and neonates.

**Keywords :Comprehensive Midwifery Care, Pregnancy, Childbirth,
Postpartum, Neonate**

Literature : 54 references (2010-2022)