

## ABSTRACT

*Muniati (2023). Mental Nursing Care for Patients with Violent Behavior with Ineffective Individual Coping Nursing Problems in the Work Area of the Handsome Mental Hospital Pekanbaru. Case Study Scientific Writing, Nursing DIII Study Program, Nursing Department, Riau Ministry of Health Health Polytechnic. Advisor (I) Ns. Rusherina, S.Pd, S.Kep, M.Kes, (II) Ns. Usraleli S.Kep, M.Kep.*

*Violent behavior is an angry response expressed through threats, the potential to injure oneself, others and damage the surrounding environment. Based on medical record data from RSJ Tampan 2023, 18 (20.45%) patients diagnosed with violent behavior in the Sebayang room were diagnosed. The purpose of this Scientific Paper is to be able to apply nursing care. This scientific paper uses descriptive research methods, with case study designs that include recitation, nursing diagnosis, nursing intervention, nursing implementation and nursing evaluation. The study obtained by Mr.A is difficult to control emotions and likes to attack others, namely his roommates, while Mr.I has difficulty controlling his emotions because he is upset with the sounds he hears and likes to hurt himself. The nursing diagnosis established for both subjects was violent behavior associated with an inability to control angry impulses characterized by self-harm or others. The intervention carried out is an implementation strategy to control emotions consisting of 5 implementation strategies, namely deep breathing techniques, hitting pillows, talking well, controlling anger through spirituality, and taking medication regularly. Implementation for 14 days is to train 5 implementation strategies carried out sequentially and reviewed afterwards with the aim of training patient independence. The evaluation was obtained for 14 days, namely 2 research subjects could apply the implementation strategy of controlling emotions independently.*

*Keywords: Violent behavior, Nursing Care*