

ABSTRACT

Mildadari Zurwenda Suri (2024). *Nursing Care for Post Partum Mothers with Breastfeeding Problems is Ineffective in the Independent Practice of Midwife Dince Safrina in the Rumbai Community Health Center Work Area*. Case Study Scientific Writing, Riau Nursing Study Program, Nursing Department, Riau Ministry of Health Health Polytechnic. Supervisor (I) Ns. Masnun, SST, S. Kep, M. Biomed (II) Ns. Erni Forwaty S. Kep M. Kep

Background: Postpartum or the postpartum period is a period of time when the reproductive organs return to their non-pregnant state, during which physiological and psychological adaptation changes occur which have an impact on the lactation process. Ineffective breastfeeding is a condition where the mother and baby experience dissatisfaction and difficulty in the breastfeeding process. **Objective:** To describe nursing care for post partum mothers with ineffective breastfeeding problems at the Independent Practice of Midwife Dince Safrina in the Rumbai Community Health Center work area in April-May 2024 which was carried out for 3 days. **Method:** The method used is descriptive by comparing the results of nursing care provided to two post partum mother clients with ineffective breastfeeding problems through lactation counseling, providing breastfeeding education, teaching breast care and teaching good and correct breastfeeding techniques. **Results:** The evaluation results showed that in Mrs. **Conclusion:** It is hoped that researchers can improve their skills and gain experience in implementing nursing research in nursing service settings, and can be used as preliminary research and a source of information to start carrying out research.

Keywords: Nursing Care, Post Partum Mothers, Ineffective Breastfeeding