

ABSTRAK

Juneta Dameria Simanjuntak (2024). *Asuhan Keperawatan pada Lansia Dengan Demensia di Wilayah Kerja Puskesmas Rumbai*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Yoza Misra Fatmi, M.Kep., Sp. Kep.M.B (II) Ns. Idayanti, S.Pd, S.Kep, M.Kes.

Demensia adalah suatu kondisi dimana daya ingat, kemampuan berpikir, kemampuan bertindak, dan kemampuan melakukan aktivitas sehari-hari seseorang menurun. Menurunnya kemampuan intelektual pada demensia tidak hanya berdampak pada daya ingat, namun juga kognitif dan kepribadian. **Tujuan** dari penelitian ini adalah untuk mengetahui bagaimana asuhan keperawatan pada lansia dengan demensia di Wilayah Kerja Puskesmas Rumbai. **Metode penelitian** Peneliti menggunakan metode studi kasus dengan pendekatan asuhan keperawatan gerontik klien dengan demensia di Wilayah Kerja Puskesmas Rumbai pada tanggal 25-29 april 2024. Instrumen pengambilan data menggunakan format pengkajian asuhan keperawatan gerontik melalui proses pengkajian, diagnosa, intervensi, implementasi dan evaluasi.

Hasil Penelitian Berdasarkan pengkajian asuhan keperawatan gerontik pada kedua klien menunjukkan keluhan hampir sama. Diagnosa keperawatan yang muncul pada klien 1 gangguan memori b.d proses penuaan, defisit perawatan diri b.d penurunan motivasi/minat, gangguan rasa nyaman b.d gejala penyakit, risiko jatuh b.d usia >60 tahun sedangkan klien 2 gangguan memori b.d proses penuaan. gangguan komunikasi verbal b.d gangguan pendengaran, risiko jatuh b.d usia >60 tahun. Intervensi keperawatan yang dilakukan salah satunya menganjurkan mengungkapkan kembali pikiran untuk stimulasi memori dan ketidakmampuan berkonsentrasi gejala yang mengganggu kemampuan kognitif. Implementasi keperawatan dilakukan sesuai dengan perencanaan tindakan yang telah dibuat. Hasil evaluasi yang dilakukan peneliti menunjukkan masalah yang dialami sudah teratasi cukup baik.

Saran Peneliti berharap penelitian ini dapat memberikan manfaat dan diharapkan klien dapat melakukan Asuhan keperawatan secara mandiri ataupun dibantu oleh keluarga menindaklanjuti secara kontinu seperti yang pernah diajarkan oleh peneliti.

Kata Kunci : Asuhan Keperawatan Gerontik, Demensia, Lansia.

ABSTRACT

Juneta Dameria Simanjuntak (2024). Nursing Care for Elderly People with Dementia in the Rumbai Community Health Center Working Area. Case Study Scientific Writing, DIII Nursing Study Program, Nursing Department, Riau Ministry of Health Health Polytechnic. Supervisor (I) Ns. Yoza Misra Fatmi, M.Kep., Sp. Kep.M.B (II) Ns. Idayanti, S.Pd, S.Kep, M.Kes.

Dementia is a condition where a person's memory, ability to think, ability to act, and ability to carry out daily activities decreases. Decreased intellectual abilities in dementia not only impact memory, but also cognition and personality. **The purpose** of this research is to find out how nursing care is for elderly people with dementia in the Rumbai Community Health Center Work Area. **This research method** used a case study method with a gerontic nursing care approach for clients with dementia in the Rumbai Community Health Center Work Area on April 25-29 2024. The data collection instrument used a gerontic nursing care assessment format through a process of assessment, diagnosis, intervention, implementation and evaluation. **The results** Based on an assessment of gerontic nursing care for both clients, the complaints felt were almost the same. The nursing diagnosis that emerged in client 1 was memory impairment related to the aging process, self-care deficit related to decreased motivation/interest, impaired sense of comfort related to symptoms of illness, risk of falls related to age > 60 years, while client 2 had memory impairment related to with the aging process. Verbal communication disorders are related to hearing loss, fall risk is related to age > 60 years. One of the nursing interventions carried out is to encourage expressing thoughts again to stimulate memory and the inability to concentrate is a symptom that interferes with cognitive abilities. Nursing implementation is carried out in accordance with the action plan that has been made. The results of the evaluation carried out by researchers showed that the problems experienced had been resolved quite well. **The suggestion** The researcher hopes that this research can provide benefits and it is hoped that clients can carry out nursing care independently or with the help of the family to follow up continuously as taught by the researcher.

Keywords: Gerontic Nursing Care, Dementia, Elderly.