

ABSTRAK

Yuspika Wardhani (P032114401125). *Asuhan Keperawatan Pada Pasien TB Paru Dengan Masalah Pola Nafas Tidak Efektif Di Wilayah Kerja Puskesmas Rejosari Pekanbaru*. Karya Tulis Ilmiah Studi Kasus Program Studi DIII Keperawatan, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) R. Sakhnan, SKM., M.Kes., (II) Ns. Magdalena, SST., S.Kep., M.Kes.

Tuberculosis (TB) merupakan penyakit infeksi yang disebabkan oleh bakteri *Mycobacterium tuberculosis*. Gejala umum penderita *TB Paru* adalah batuk selama lebih dari dua minggu, diikuti dengan gejala lainnya seperti batuk berdarah dan berdahak, sesak napas, mudah merasa lelah dan lemas, mudah berkeringat di malam hari tanpa kegiatan fisik berlebih, serta mengalami penurunan nafsu makan. Data dari data Dinas Kesehatan Kota Pekanbaru (2022) terdapat lima puskesmas yang memiliki jumlah prevelensi TB Paru yaitu Puskesmas Rejosari sebanyak 162 jiwa, Puskesmas Sidomulyo Rawat Jalan sebanyak 146 jiwa, Puskesmas Garuda sebanyak 66 jiwa, Puskesmas Harapan Raya sebanyak 63 jiwa dan Puskesmas Simpang Tiga sebanyak 53 jiwa. **Tujuan** penelitian untuk mendeskripsikan Asuhan Keperawatan pada Pasien TB Paru dengan Masalah Pola Nafas tidak Efektif di Wilayah Kerja Puskesmas Rejosari Pekanbaru. Meliputi pengkajian, diagnosa, intervensi, implementasi dan evaluasi keperawatan. **Metode** yang digunakan dalam penelitian ini adalah studi kasus dengan 2 subjek penelitian dan dilakukan pada 25 April sampai 27 April 2024.. Data disajikan dalam bentuk tabel, bagan, maupun teks naratif. **Hasil** dari penelitian asuhan keperawatan pada pasien TB Paru dengan masalah pola napas tidak efektif yaitu kedua subjek penelitian mengalami peningkatan pola napas yang membaik dari sebelumnya. **Kesimpulan** peneliti dapat melakukan Asuhan Keperawatan pada Pasien TB Paru dengan Masalah Pola Nafas tidak Efektif di Wilayah Kerja Puskesmas Rejosari Pekanbaru. Meliputi pengkajian, diagnosa, intervensi, implementasi dan evaluasi keperawatan dengan baik. **Saran** peneliti berharap apa yang telah diajarkan dapat berguna bagi pasien dan keluarga, perawat, institusi pendidikan dan peneliti selanjutnya.

Kata Kunci: Asuhan Keperawatan, TB Paru, Pola napas tidak efektif.

ABSTRACT

Yuspika Wardhani (P032114401125). Nursing Care for Pulmonary TB Patients with Ineffective Breathing Pattern Problems in the Rejosari Pekanbaru Health Center Work Area. Scientific Paper Case Study DIII Nursing Study Program, Department of Nursing, Riau Health Ministry Polytechnic. Supervisor (I) R. Sakhnan, SKM, M.Kes., (II) Ns. Magdalena, SST., S.Kep., M.Kes.

Tuberculosis (TB) is an infectious disease caused by the bacteria *Mycobacterium tuberculosis*. Common symptoms of pulmonary TB are coughing for more than two weeks, followed by other symptoms such as coughing up blood and phlegm, shortness of breath, feeling tired and weak easily, sweating easily at night without excessive physical activity, and experiencing a decrease in appetite. Data from the Pekanbaru City Health Office data (2022) there are five health centers that have a number of pulmonary TB prevalence, namely Rejosari Health Center as many as 162 people, Sidomulyo Outpatient Health Center as many as 146 people, Garuda Health Center as many as 66 people, Harapan Raya Health Center as many as 63 people and Simpang Tiga Health Center as many as 53 people. The purpose of the study was to describe Nursing Care for Lung TB Patients with Ineffective Breathing Pattern Problems in the Rejosari Pekanbaru Health Center Work Area. Includes assessment, diagnosis, intervention, implementation and nursing evaluation. The method used in this research is a case study with 2 research subjects and was conducted from April 25 to April 27, 2024. Data is presented in the form of tables, charts, and narrative text. The results of nursing care research on pulmonary tuberculosis patients with ineffective breathing patterns, namely the two research subjects experienced an increase in breathing patterns that improved from before. In conclusion, researchers can carry out Nursing Care for Lung TB Patients with Ineffective Breathing Pattern Problems in the Rejosari Pekanbaru Health Center Work Area. Includes assessment, diagnosis, intervention, implementation and evaluation of nursing well. Researcher suggestions hope that what has been taught can be useful for patients and families, nurses, educational institutions and further researchers.

Keywords: Nursing Care, Pulmonary TB, Ineffective breathing pattern.