

ABSTRAK

Liza Tania (2024). *Penerapan Terapi Bermain Puzzle Terhadap Perkembangan Motorik Halus Pada Anak Usia Prasekolah Di Preschool & Kindergarten Nurul Azhar*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Pekanbaru, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Sari Anggela, M.Kep., Sp.Kep.A. (II) Ns. Melly, SST., S.Kep., M.Kes.

Latar Belakang : Anak Prasekolah adalah anak berusia 3-6 tahun, pada periode ini perkembangan anak sangat pesat. Salah satu perkembangan yang sangat penting yaitu perkembangan motorik halus, karena nantinya memudahkan anak melakukan aktivitasnya, motorik halus berkembang secara optimal dengan cara diberi stimulasi, yaitu dapat diterapkan Terapi Bermain *Puzzle*. **Tujuan Penelitian:** Untuk mendeskripsikan penerapan terapi bermain *puzzle* terhadap perkembangan motorik halus di *Preschool & Kindergarten Nurul Azhar*. **Metode Penelitian:** Penelitian ini adalah deskriptif dengan menggunakan metode pendekatan studi kasus dengan 2 subjek, dilakukan pada tanggal 22 April–3 Mei 2024. Pada penelitian ini data dikumpulkan dengan cara observasi dan disajikan dalam bentuk naratif. **Hasil Penelitian:** menunjukkan bahwa perkembangan motorik halus kedua subjek sebelum diberikan intervensi mengalami *fail* dan sesudah intervensi selama 2 minggu dengan 6 kali pertemuan, kedua subjek diperoleh bahwa perkembangan motorik halus mengalami peningkatan kearah *pass*. **Kesimpulan:** Hasil penelitian menunjukkan peningkatan perkembangan motorik halus anak usia prasekolah setelah dilakukan intervensi terapi bermain *puzzle*. **Saran:** Diharapkan terapi bermain *puzzle* ini dapat diterapkan di setiap lembaga pendidikan agar dapat menstimulasi dan mengembangkan motorik halus anak usia prasekolah.

Kata Kunci : Anak Prasekolah, Motorik Halus, Terapi Bermain *Puzzle*

ABSTRACT

Liza Tania (2024). *Application of Puzzle Play Therapy on Fine Motor Development in Preschool Children at Preschool & Kindergarten Nurul Azhar. Case Study Scientific Writing, DIII Nursing Study Program Pekanbaru, Department of Nursing, Health Polytechnic Ministry of Health Riau. Supervisor (I) Ns. Sari Anggela, M.Kep., Sp.Kep.A. (II) NS. Melly, SST., S.Kep., M.Kes.*

Background: Preschool children are children aged 3-6 years, during this period children's development is very rapid. One very important development is the development of fine motor skills, because it will make it easier for children to carry out their activities. Fine motor skills develop optimally by being stimulated, namely Puzzle Play Therapy can be applied. Research Objective: To describe the application of puzzle play therapy to fine motor development at the Nurul Azhar Preschool & Kindergarten. Research Method: This research is descriptive using a case study approach with 2 subjects, conducted on April 22–May 3 2024. In this research, data was collected by observation and presented in narrative form. Research Results: showed that the fine motor development of both subjects before being given the intervention had failed and after the intervention for 2 weeks with 6 meetings, both subjects found that their fine motor development had increased towards pass. Conclusion: The results of the study showed an increase in the fine motor development of preschool children after the puzzle playing therapy intervention. Suggestion: It is hoped that this puzzle play therapy can be applied in every educational institution so that it can stimulate and develop the fine motor skills of preschool aged children.

Key words: Preschool Children, Fine Motor, Puzzle Play Therapy