

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
RIANDA FITRA ROSA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. E DI PMB
ZURRAHMI PEKANBARU**

xiii + 147 Halaman, 9 Tabel, 2 Gambar, 11 Lampiran

ABSTRAK

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara komprehensif di mulai dari masa kehamilan, persalinan, nifas, dan neonatus. Laporan Tugas Akhir ini bertujuan memberikan asuhan komprehensif yang dilakukan dengan metode *Continuity Midwifery of Care (CoMC)* yaitu asuhan yang menyeluruh dan berkesinambungan sesuai standar asuhan kebidanan dengan menggunakan pendekatan manajemen kebidanan. Asuhan dilakukan pada Ny. E G₁P₀A₀H₀ dimulai pada usia kehamilan 34-40 minggu di PMB Zurrahmi Kota Pekanbaru dari bulan November 2023-Februari 2024. Asuhan kebidanan meliputi 4 kali kunjungan saat kehamilan, persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Keluhan yang dialami Ny. E selama kehamilan trimester III adalah nyeri punggung dan nyeri perut bagian bawah. Keluhan dapat diatasi dengan mengajarkan senam hamil. Persalinan berlangsung pada usia kehamilan 39 minggu 5 hari, pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN), memberikan asuhan berupa massage punggung untuk mengurangi rasa nyeri. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, BB 3000 gram PB 48 cm, jenis kelamin perempuan. Pada kunjungan nifas ditemukan masalah ASI belum lancar pada hari kedua dan dilakukan pijat oksitosin, sehingga ASI lancar pada hari keempat. Pada kunjungan nifas ketiga dilakukan konseling keluarga berencana, ibu memutuskan menjadi akseptor KB suntik 3 bulan. Pada kunjungan neonatus dilakukan perawatan tali pusat, dan pijat bayi. Tali pusat puput di hari ke-5. Terjadi peningkatan berat badan bayi sebanyak 300 gram pada hari ke-13. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, dan neonatus

Referensi : 80 Referensi (2014-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MEI 2024
RIANDA FITRA ROSA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. E IN PMB
ZURRAHMI PEKANBARU**

xiii + 147 pages, 9 Tabels, 2 Picture, 11 Appendices

ABSTRACT

Midwives play an important role in providing comprehensive maternal and child services starting from pregnancy, childbirth, postpartum, and neonatal periods. This Final Project Report aims to provide comprehensive care carried out by the Continuity Midwifery of Care (CoMC) method, namely comprehensive and continuous care according to midwifery care standards using a midwifery management approach. Care was provided to Mrs. E G1P0A0H0 starting at 34-40 weeks of gestation at PMB Zurrahmi Pekanbaru City from November 2023-February 2024. Obstetric care included 4 visits during pregnancy, labor, 4 postpartum visits and 3 neonate visits. Complaints experienced by Mrs. E during third trimester pregnancy were back pain and lower abdominal pain. Complaints can be overcome by teaching pregnant exercises. Delivery took place at 39 weeks 5 days gestation and was carried out according to the standards of Normal Labor Care (APN), providing care in the form of back massage to reduce pain. The baby was born spontaneously, strong cry, good muscle tone, active movement, Body Weight 3000 grams Body Length 48 cm, female gender. At the postpartum visit, it was found that the breast milk was not smooth on the second day and oxytocin massage was done, so that the breast milk was smooth on the fourth day. At the third postpartum visit, family planning counseling was conducted, the mother decided to become a 3-month injectable family planning acceptor. At the neonate visit, umbilical cord care and baby massage were performed. The umbilical cord was removed on the 5th day. There was an increase in the baby's weight by 300 grams on the 13th day. It is recommended that midwives as health workers can maintain the provision of comprehensive and sustainable midwifery services, especially care for pregnant women, labor, puerperium and neonates.

Keyword : Comprehensive midwifery care, pregnancy, childbirth, nifas and neonates

Reference : 80 Referensi (2014-2024)