

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
RANNY SYAHFIRA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. P DI PMB ROSITA  
KOTA PEKANBARU**

**xii, 105 halaman, 7 tabel, 11 lampiran**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak secara komprehensif di mulai dari masa kehamilan trimester III, persalinan, masa nifas dan neonatus. Laporan Tugas Akhir ini bertujuan memberikan asuhan komprehensif yang dilakukan dengan metode *Continuity Of Midwifery Care (CoMC)* yaitu asuhan yang menyeluruh dan berkesinambungan sesuai standar asuhan kebidanan dengan menggunakan pendekatan manajemen kebidanan. Asuhan kebidanan pada Ny. P G<sub>3</sub>P<sub>1</sub>A<sub>1</sub>H<sub>1</sub> dimulai pada usia kehamilan 28 minggu sampai masa nifas yang dilakukan di PMB Rosita Kota Pekanbaru dari bulan Agustus-Desember 2023. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan, masalah nyeri punggung. Asuhan yang diberikan *massase* dan masalah dapat teratasi. Asuhan persalinan sesuai standar Asuhan Persalinan Normal (APN), memberikan asuhan *massase* punggung untuk mengurangi rasa nyeri persalinan. Bayi lahir spontan, menangis kuat, tonus otot bergerak aktif, jenis kelamin perempuan BB: 3200 gram, PB: 48 cm, kontraksi baik, plasenta lengkap, laserasi jalan lahir derajat II. Pada kunjungan nifas ditemukan masalah ASI belum lancar pada hari pertama dan mulai dilakukan pijat oksitosin, sehingga ASI lancar pada hari ketiga. Pada kunjungan nifas ketiga dilakukan konseling KB dan Ny. P memutuskan menggunakan KB kondom. Pada kunjungan neonatus dilakukan perawatan tali pusat, personal hygiene, dan perawatan bayi sehari-hari. Bayi ASI Eksklusif, tali pusat puput di hari ke-5. Terjadi peningkatan berat badan bayi sebanyak 200 gram, dari berat badan saat lahir 3200 gram menjadi 3400 gram pada hari ke 12. Diharapkan tenaga kesehatan khususnya bidan dapat mempertahankan pelayanan yang komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

**Kata Kunci: *Asuhan Kebidanan, Komprehensif, hamil, bersalin, nifas, neonatus***

**Referensi: 39 Referensi (2014-2023)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
POLYTECHNIC OF HEALTH, RIAU  
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024  
RANNY SYAHFIRA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS.P AT PMB ROSITA  
PEKANBARU CITY**

**xii, 105 pages, 7 tables, 11 appendices**

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**ABSTRACT**

Midwives play an important role in providing comprehensive maternal and child services starting from the third trimester of pregnancy, childbirth, postpartum and neonatal periods. This Final Project Report aims to provide comprehensive care carried out with the Continuity Of Midwifery Care (CoMC) method, which is comprehensive and continuous care according to midwifery care standards using an obstetric management approach. Midwifery care for Mrs. P G3P1A1H1 begins at 28 weeks gestation until the postpartum period which is carried out at PMB Rosita, Pekanbaru City from August-December 2023. During pregnancy, there were 3 visits, back pain problems. The care provided by the masses and problems can be resolved. Childbirth care is in accordance with the standard of Normal Childbirth Care (APN), providing back mass care to reduce labor pain. Babies born spontaneously, crying strongly, active muscle tone, female sex BB: 3200 grams, PB: 48 cm, good contractions, complete placenta, birth canal laceration degree II. At the postpartum visit, it was found that the problem of breast milk was not smooth on the first day and oxytocin massage began to be carried out, so that breastfeeding was smooth on the third day. On the third postpartum visit, family planning counseling was carried out and Mrs. P decided to use condoms. At the neonatal visit, umbilical cord care, personal hygiene, and daily baby care are carried out. Exclusive breastfeeding baby, the umbilical cord is pupt on the 5th day. There is an increase in baby weight by 200 grams, from birth weight 3200 grams to 3400 grams on day 12. It is hoped that health workers, especially midwives, can maintain comprehensive and sustainable services, especially the care of pregnant women, maternity, postpartum and neonates.

Keywords: *Midwifery Care, Comprehensive, pregnancy, childbirth, naonates*

References: 39 References (2014-2023)