

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2024

KHAIRUN NISA

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. "R"
DI PMB ZURRAHMI KOTA PEKANBARU 2024**

x, 117 halaman, 8 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care* (CoMC). Laporan Tugas Akhir ini bertujuan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan pada Ny.R dimulai sejak hamil, bersalin, nifas, dan neonatus. Asuhan dimulai sejak bulan September 2023 sampai Januari 2024 di PMB Zurrahmi. Asuhan kehamilan dilakukan sebanyak 4 kali, persalinan 1 kali, nifas 4 kali, dan neonatus 3 kali. Pada kasus Ny.R selama kehamilan Trimester III, ditemukan beberapa keluhan yaitu kebas tangan, nyeri perut bagian bawah dan nyeri pinggang yang dapat diatasi dengan kompres hangat, peregangan, dan senam hamil. Persalinan dilakukan secara *seksio sesarea* pada tanggal 13 Desember 2023 di RS Eria Bunda Pekanbaru atas indikasi hipertensi gestasional. Bayi lahir langsung menangis dengan jenis kelamin laki-laki, berat badan 2.800 gram dan panjang badan 52 cm. Pada masa nifas didapati keluhan ketidaknyamanan karena *after pain* pada nifas yang dapat diatasi dengan memberikan pendidikan kesehatan mengenai fisiologi masa nifas dan dukungan emosional dan mobilisasi dini. Asuhan neonatus dilakukan berdampingan dengan Asuhan nifas yaitu 3 kali kunjungan dan tidak ditemukan masalah pada bayi. Bayi diberikan asuhan rutin bayi baru lahir dan pijat bayi untuk membantu mempercepat penambahan berat badan bayi. Pada akhir asuhan usia 24 hari berat badan bayi mengalami peningkatan sebanyak 1000 gr dari berat badan lahir 2800 gram hingga 3800 gram. Diharapkan bidan dapat mempertahankan dan meningkatkan asuhan yang komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan dimulai dari masa hamil, bersalin, nifas dan neonatus.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan,
Nifas, Neonatus**

Daftar Bacaan : 61 referensi (2013-2023).

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
DIII MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, MAY 2024

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**COMPREHENSIVE MIDWIFERY CARE IN NY. “R” IN PMB
ZURRAHMI PEKANBARU CITY 2024**

x, 117 pages, 8 Tables, 9 Appendices

ABSTRAK

One of the efforts in prevention and treatment in pregnancy, childbirth, postpartum and neonate is with continuous midwifery care (CoMC). This Final Project Report aims to provide comprehensive and continuous midwifery care to Mrs. R starting from pregnancy, delivery, postpartum and neonate. Care starts from September 2023 to January 2024 at PMB Zurrahmi. Pregnancy care was carried out 4 times, delivery 1 time, postpartum 4 times, and neonate 3 times. In Mrs. R's case during the third trimester of pregnancy, several complaints were found, namely numbness of the hands, lower abdominal pain and low back pain which could be treated with warm compresses, stretching and pregnancy exercises. The delivery was carried out by caesarean section on December 13 2023 at Eria Bunda Hospital Pekanbaru for indications of gestational hypertension. The baby was born immediately crying, male, weighing 2,800 grams and 52 cm long. During the postpartum period, there are complaints of discomfort due to postpartum pain which can be overcome by providing health education regarding the physiology of the postpartum period and emotional support and early mobilization. Neonatal care was carried out side by side with postpartum care, namely 3 visits and no problems were found in the baby. Babies are given routine newborn care and baby massage to help speed up the baby's weight gain. At the end of 24 days of care, the baby's weight increased by 1000 grams from a birth weight of 2800 grams to 3800 grams. It is hoped that midwives can maintain and improve comprehensive and sustainable care according to midwifery service standards starting from the pregnancy, delivery, postpartum and neonate periods.

**Keywords : Comprehensive Midwifery Care, Pregnancy, Childbirth,
Postpartum, Neonate**

Reading List : 61 references (2013-2023).