

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
SALSABILA HARDIANTI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R DI PMB YULINAR
KOTA PEKANBARU TAHUN 2024
xii + 113 Halaman, 11 Lampiran**

ABSTRAK

Salah satu program Kementerian Kesehatan di Indonesia adalah pilar transformasi layanan primer yang bertujuan menciptakan layanan kesehatan bagi ibu dan anak. Bidan berpartisipasi untuk berperan dalam upaya percepatan penurunan AKI dan AKB, salah satu upaya yang dapat dilakukan oleh bidan dengan melakukan asuhan kebidanan secara komprehensif dan berkesinambungan yang disebut metode *Continuity of Midwifery Care (CoMC)*. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan secara komprehensif pada Ny. R G3P2A0H2. Asuhan ini dimulai pada November 2023-Januari 2024 di PMB Yulinar Kota Pekanbaru. Asuhan kehamilan dilakukan sebanyak 3 kali, pertolongan persalinan, nifas 4 kali, dan neonatus 3 kali. Selama kehamilan Trimester III, ditemukan keluhan sering BAK pada malam hari disertai anemia ringan. Asuhan yang diberikan yaitu edukasi mengenai cara mengatasi keluhan dan edukasi mengenai pentingnya mengkonsumsi tablet Fe serta memantau perkembangan hemoglobin Ny. R. Persalinan secara spontan dengan masa gestasi 38 minggu pertolongan persalinan dilakukan sesuai standar asuhan persalinan normal. Pada awal masa nifas ASI belum lancar dan cara mengatasi masalah yaitu memberikan edukasi mengenai nutrisi untuk memperbanyak ASI, sehingga masalah dapat diatasi. Asuhan nifas lain yang diberikan ialah senam nifas, perawatan luka perineum, dan konseling keluarga berencana. Pada masa neonatus tidak ditemukan masalah, Asuhan yang diberi yaitu pijat bayi dan ASI eksklusif untuk meningkatkan berat badan bayi. Pada usia 18 hari terdapat peningkatan berat badan bayi sebesar 700 gram dari berat lahir 3100 gram menjadi 3800 gram. Diharapkan kepada tenaga kesehatan khususnya bidan dapat mempertahankan dalam pemberian asuhan kebidanan secara komprehensif dan berkesinambungan.

Kata Kunci : **Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, dan Neonatus**
Referensi : 80 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
SALSABILA HARDIANTI**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. R AT PMB YULINAR
PEKANBARU CITY IN 2024
xii + 113 Page, 11 Appendices**

ABSTRACT

One of the Ministry of Health programs in Indonesia is the primary care transformation pillar which aims to create health services for mothers and children. Midwives participate to play a role in accelerating efforts to reduce MMR and IMR, one of the efforts that can be made by midwives by providing comprehensive and continuous midwifery care called the Continuity of Midwifery Care (CoMC) method. This final project report aims to provide comprehensive midwifery care to Mrs. R G3P2A0H2. This care began in November 2023-January 2024 at PMB Yulinar Pekanbaru City. Pregnancy care was carried out 3 times, delivery assistance, postpartum 4 times, and neonates 3 times. During pregnancy Trimester III, there were complaints of frequent urination at night accompanied by mild anemia. The care provided was education on how to overcome complaints and education on the importance of taking Fe tablets and monitoring the development of Mrs. R hemoglobin. Spontaneous labor with a gestation period of 38 weeks of labor assistance was carried out according to normal labor care standards. At the beginning of the postpartum period, breast milk was not smooth and the way to overcome the problem was to provide education about nutrition to increase breast milk, so that the problem could be overcome. Other postpartum care provided was postpartum exercises, perineal wound care, and family planning counseling. In the neonate period, no problems were found. The care given was baby massage and exclusive breastfeeding to increase the baby's weight. At the age of 18 days there was an increase in the baby's weight by 700 grams from the birth weight of 3100 grams to 3800 grams. It is hoped that health workers, especially midwives, can maintain the provision of midwifery care in a comprehensive and sustainable manner.

Keywords: Midwifery care, pregnancy, childbirth, postpartum, neonates

References: 80 References (2013-2023)