

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
MEISYA AURELLIA RAHMAT**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI PMB DINCE  
SAFRINA PEKANBARU TAHUN 2024**

**viii + 145 Halaman, 3 Tabel, 11 Lampiran**

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**ABSTRAK**

Dalam upaya percepatan penurunan AKI untuk mencapai target *Sustainable Development Goals* (SDGs) yaitu sebesar 70 per 100.000 kelahiran hidup pada tahun 2030. Salah satu upaya yang dilakukan yaitu dengan menerapkan model asuhan kebidanan yang komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC). Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny. M G<sub>3</sub>P<sub>2</sub>A<sub>0</sub>H<sub>2</sub> diberikan di PMB Dince Safrina Kota Pekanbaru dari bulan Oktober 2023 - Desember 2023. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami selama trimester 3 oleh Ny. M adalah nyeri punggung, diberikan asuhan senam hamil dan memberi penyangga disamping punggung saat tidur dan keluhan dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB: 3500 gram PB: 51 cm, pengeluaran darah ± 200 cc, kontraksi baik, plasenta lahir lengkap, tanpa ada laserasi jalan lahir. Masa nifas P<sub>3</sub>A<sub>0</sub>H<sub>3</sub> postpartum normal, dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga, sehingga ASI lancar dan ibu berencana menggunakan metode KB Alami *coitus interruptus*. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan *on-demand*, bayi menyusu kuat, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 500 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

**Kata Kunci: Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus**

Referensi : 53 Referensi (2016-2024)

**MINISTRY OF HEALTH OF REPUBLIC INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
DIPLOMA MIDWIFERY OF STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024  
MEISYA AURELLIA RAHMAT**

**COMPREHENSIVE MIDWIFERY CARE FOR MS. M AT PMB DINCE  
SAFRINA PEKANBARU TAHUN 2024**

**viii + 145 Pages, 3 Table, 11 Appendices**

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**ABSTRACT**

In an effort to accelerate the reduction of MMR to achieve the Sustainable Development Goals (SDGs) target of 70 per 100,000 live births by 2030. One of the efforts being made is by implementing a comprehensive and sustainable midwifery care model or Continuity of Midwifery Care (CoMC). This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum and neonates. Comprehensive and continuous care for Mrs. M G3P2A0H2 is given at PMB Dince Safrina, Pekanbaru City from October 2023 - December 2023. During pregnancy there are 4 visits, postpartum 4 visits, neonates 3 visits. Complaints experienced during the 3rd trimester by Mrs. M is back pain, given pregnancy exercise care and providing support next to the back while sleeping and complaints can be resolved. Delivery care in accordance with Normal Delivery Care (APN), baby was born spontaneously BB: 3500 grams PB: 51 cm, blood output  $\pm$  200 cc, contractions were good, placenta was delivered complete, without any lacerations in the birth canal. The P3A0H3 postpartum period is normal, breastfeeding techniques, oxytocin massage and family planning are provided, so that breast milk is smooth and the mother plans to use the natural birth control method of interrupted coitus. At the neonate visit, baby massage was carried out, education on exclusive and on-demand breastfeeding, the baby was breastfeeding strongly, breast milk was flowing smoothly and there was an increase in the baby's weight by 500 grams. It is hoped that health workers, especially midwives, can improve midwifery care according to midwifery standards and improve the quality of comprehensive midwifery services.

**Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates**

References: 53 References (2016-2024)