

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2024  
DAVINA SHAFASALSABILA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. O DI KLINIK  
PRATAMA AFIYAH KOTA PEKANBARU TAHUN 2024**

**xii + 136 Halaman + 6 Tabel + 10 Lampiran**

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**ABSTRAK**

Program Kesehatan Ibu dan Anak (KIA) merupakan salah satu prioritas utama pembangunan kesehatan di Indonesia. Penerapan transformasi layanan primer yaitu dengan upaya promotif dan preventif secara komprehensif dapat menurunkan angka kematian dan kejadian sakit pada ibu dan anak melalui peningkatan mutu pelayanan dan menjaga kesinambungan pelayanan kesehatan ibu dan prenatal di tingkat pelayanan dasar dan pelayanan primer. Salah satu upaya yang dilakukan yaitu dengan menerapkan metode *Continuity of Midwifery Care* (CoMC). Laporan ini bertujuan untuk memberikan asuhan dari kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.O di Klinik Pratama Afiah Kota Pekanbaru. Asuhan kebidanan ini di mulai dari 20 November 2023 - 04 Januari 2024. Selama kehamilan ditemukan keluhan sering BAK, nyeri pinggang, dan tangan kebas. Asuhan telah diberikan sesuai dengan masalah dan kebutuhan, serta masalah sudah dapat teratasi. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan berlangsung normal. Saat kala 1 dilakukan asuhan *Massage Efflurage*. Bayi lahir tanggal 06 Desember 2023 pukul 22.40 WIB jenis kelamin laki-laki dengan BB 3.200 gram dan PB 50 cm. Pada masa nifas hari ke 7 di dapatkan skor EPDS adalah 0. Ny.O menggunakan KB suntik progestin. Asuhan neonatus yang diberikan adalah perawatan bayi sehari-hari, perawatan tali pusat, dan pijat bayi yang menambah pertumbuhan berat badan bayi, terjadi peningkatan BB bayi sebanyak 400 gram pada hari ke 14. Diharapkan tenaga kesehatan khususnya bidan untuk mempertahankan mutu pelayanan asuhan kebidanan pada ibu hamil, bersalin, nifas dan neonatus secara berkesinambungan sesuai standar pelayanan minimal kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus*  
Daftar Bacaan : 72 referensi (2013-2023)

**MINISTRY OF HEALTH THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, APRIL 2024  
DAVINA SHAFSA SALSABILA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. O IN  
PRATAMA AFIYAH CLINIC PEKANBARU CITY IN 2024**

**xii + 136 Pages + 6 Tables + 10 Attachments**

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**ABSTRACT**

The Maternal and Child Health (KIA) Program is one of the main priorities for health development in Indonesia. The implementation of primary care transformation, namely comprehensive promotive and preventive efforts, can reduce the death rate and incidence of illness in mothers and children by improving the quality of services and maintaining the continuity of maternal and prenatal health services at the basic and primary care levels. One of the efforts made is by implementing the Continuity of Midwifery Care (CoMC) method. This report aims to provide care for the third trimester of pregnancy, childbirth, postpartum and neonates by documenting SOAP to Mrs. O at the Pratama Afiah Clinic, Pekanbaru City. This midwifery care will start from 20 November 2023 - 04 January 2024. During pregnancy there were complaints of frequent urination, low back pain and numb hands. Care has been provided according to problems and needs, and problems have been resolved. The delivery was carried out according to Normal Childbirth Care (APN) standards and proceeded normally. During the 1st stage, Massage Efflurage treatment was carried out. The baby was born on 06 December 2023 at 22.40 WIB, male with a weight of 3,200 grams and a body weight of 50 cm. On the 7th day of the postpartum period, the EPDS score was 0. Mrs. O used progestin injection contraception. Neonatal care provided is daily baby care, umbilical cord care, and baby massage which increases the baby's weight growth, resulting in an increase in the baby's weight by 400 grams on day 14. It is hoped that health workers, especially midwives, will maintain the quality of midwifery care services for mothers. pregnancy, maternity, postpartum and neonates on an ongoing basis according to minimum midwifery service standards.

Keyword : *Care for pregnancy, childbirth, postpartum, neonates*  
Reference : 72 reference (2013-2023)