

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
DESVITA PUTRI SAHIRA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK  
PRATAMA TAMAN SARI 2 KOTA PEKANBARU**

**xi + 135 Halaman + 11 Tabel + 10 Lampiran**

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**ABSTRAK**

*Continuity of Midwifery Care (CoMC)* merupakan sebuah metode asuhan dengan memberikan pelayanan secara menyeluruh dan berkelanjutan kepada pasien/ klien. Studi kasus ini bertujuan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas serta keluarga berencana, dan neonatus pada Ny.S Usia 25 Tahun G<sub>II</sub>P<sub>I</sub>A<sub>0</sub>H<sub>I</sub> di Klinik Pratama Taman Sari 2. Asuhan CoMC dilakukan sejak bulan September 2023 - Januari 2024 dengan melakukan asuhan hamil 3 kali, menolong persalinan, asuhan nifas 4 kali dan asuhan neonatus 3 kali. Keluhan pada masa hamil yaitu nyeri pinggang dan nyeri perut bagian bawah yang diatasi dengan mengajarkan senam hamil dan kompres hangat, keluhan dapat diatasi. Proses persalinan berlangsung normal, asuhan *Deep Back Massage* diberikan untuk mengurangi nyeri dalam proses persalinan. Bayi lahir spontan pada tanggal 3 Desember 2023, pukul 13.13 wib, berat badan 3200 gram, dan jenis kelamin perempuan. Plasenta lahir lengkap pukul 13.20 wib. Masa nifas berlangsung normal, diberikan asuhan mobilisasi dini, perawatan perineum, teknik menyusui yang benar, senam nifas, dan skrining *Edinburgh Postnatal Depression Scale (EPDS)* dengan skor 2. Ibu menjadi akseptor KB suntik Progestin. Asuhan kebidanan pada masa neonatus yaitu melakukan pijat bayi. Terjadi peningkatan pada berat badan bayi 800 gram selama 28 hari. Diharapkan kepada bidan untuk tetap mempertahankan pemberian asuhan CoMC pada ibu hamil, bersalin, nifas serta neonatus.

**Kata Kunci: *Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus***

**Referensi : 84 Referensi (2013-2023)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024  
DESVITA PUTRI SAHIRA**

**COMPREHENSIVE MIDWIFERY CARE IN NY. S AT PRATAMA  
CLINIC TAMAN SARI 2 PEKANBARU CITY**

**xi + 135 Pages + 11 Tables + 10 Attachments**

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**ABSTRACT**

Continuity of Midwifery Care (CoMC) is a care method that provides comprehensive and continuous services to patients and clients. This case study aims to provide comprehensive and constant midwifery care starting from pregnancy, delivery, postpartum, as well as family planning, and neonates to Mrs. S, aged 25 years GIIPIA0HI, at the Taman Sari 2 Pratama Clinic. provided pregnancy care three times, assisted with childbirth, provided postpartum care four times, and provided neonate care three times. Complaints during pregnancy, namely low back pain and lower abdominal pain, are overcome by teaching pregnancy exercises and warm compresses, and complaints can be resolved. The labor process was normal. Deep-back massage care was given to reduce pain during the labor process. The baby was born spontaneously on December 3, 2023, at 13.13 WIB, weighed 3200 grams, and was female. The placenta was completely born at 13.20 WIB. The postpartum period was normal; early mobilization care, perineal care, correct breastfeeding techniques, postpartum exercises, and Edinburgh Postnatal Depression Scale (EPDS) screening with a score of 2 were given. The mother was an acceptor of progesterone injectable birth control. Midwifery care during the neonatal period includes carrying out baby massages. There was an increase in the baby's weight of 800 grams over 28 days. It is hoped that midwives will continue to provide CoMC care to pregnant, maternity, postpartum, and neonate mothers.

**Keywords: Comprehensive Midwifery Care, Pregnancy, Delivery, Postpartum, Neonate.**

References: 84 References (2013-2023)