

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
WINDI SYAFINA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI KLINIK  
PRATAMA AFIYAH KOTA PEKANBARU TAHUN 2024**

**xiii, ± 141 Halaman, 6 Tabel, 8 Lampiran**

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**ABSTRAK**

Bidan berperan penting dalam upaya menurunkan AKI, dikarenakan bidan sebagai salah satu tenaga kesehatan yang melakukan kontak secara langsung dengan perempuan. Asuhan yang dilakukan oleh bidan dalam membantu menurunkan AKI dengan menggunakan metode *Continuity of Midwifery Care* (CoMC). Asuhan ini dilakukan untuk mendeteksi dini dan mencegah komplikasi secara dini pada masa kehamilan, persalinan, nifas dan neonatus. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan secara komprehensif dan berkesinambungan dari kehamilan trimester III, bersalin, nifas, dan neonatus dengan menggunakan metode SOAP. Asuhan komprehensif ini diberikan pada Ny.T G2P1A1H1 di Klinik Pratama Afiah kota Pekanbaru dari bulan November 2023 sampai Januari 2024. Kunjungan pada masa kehamilan dilakukan sebanyak 4 kali, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Terdapat ketidaknyamanan pada kehamilan trimester III yaitu Nyeri perut bagian bawah dan nyeri pinggang. asuhan sudah diberikan sesuai kebutuhan kondisi ibu, dan keluhan dapat teratasi, Pada Persalinan Ny.T berlangsung secara seksio sesarea di rumah sakit dengan indikasi Pengapuran Plasenta. Bayi lahir pukul 09.07 WIB dengan berat 3200 gram jenis kelamin perempuan. Pada masa nifas berlangsung normal asuhan yang diberikan yaitu mobilisasi dini, perawatan luka operasi, pijat oksitosin, perawatan payudara, senam nifas, melakukan skirning *Edinburgh Posnatal Depression Scale* (EPDS) dengan skor 0, Ibu sudah menggunakan KB IUD, Pada asuhan neonatus asuhan yang dilakukan yaitu pijat bayi, terjadi peningkatan berat badan bayi sebanyak 700 gram. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan berdasarkan evidence based.

**Kata Kunci: *Asuhan Kebidanan Komprehensif, SC, Pengapuran Plasenta***  
Referensi : 68 Referensi (2014-2023)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
RIAU MINISTRY OF HEALTH POLITECHNIC  
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2024  
WINDI SYAFINA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS.T AT PRATAMA  
AFIYAH CLINIC, PEKANBARU, 2024**

**xiii, ± 141 Pages , 6 Tables , 8 Attachments**

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**ABSTRACT**

*Midwives play an important role in efforts to reduce MMR, because midwives are one of the health workers who meet directly with women. Care carried out by midwives in helping to reduce MMR using the Continuity of Midwifery Care (CoMC) method. CoMC is comprehensive and continuous obstetric care from pregnancy, childbirth, puerperium, and neonate. This care is carried out to detect early and prevent complications early during pregnancy, childbirth, puerperium and neonate. This final project report aims to provide comprehensive and continuous obstetric care from the third trimester of pregnancy, maternity, postpartum, and neonates using the SOAP method. This comprehensive care was given to Mrs.T G2P1A1H1 at the Afiyah Pratama Clinic in Pekanbaru city from November 2023 to January 2024. Visits during pregnancy were carried out 4 times, postpartum 4 visits, neonates 3 visits. There is discomfort in the third trimester of pregnancy, namely lower abdominal pain and low back pain. care has been given according to the needs of the mother's condition, and complaints can be resolved, In Labor Mrs.T took place by cesarean section in the hospital with indications of calcification of the placenta. The baby was born at 09.07 WIB weighing 3200 grams of female sex. During the normal postpartum period, the care provided is early mobilization, surgical wound care, oxytocin massage, breast care, puerperal gymnastics, skinning the Edinburgh Postnatal Depression Scale (EPDS) with a score of 0, Mother already uses IUD contraception, the care carried out, namely baby massage, there is an increase in baby weight by 700 grams. It is expected that health workers, especially midwives, can carry out midwifery care on an ongoing and sustainable basis based on evidence-based.*

**Keywords: *Comprehensive Obstetric Care, SC, Placental calcification***

**References : 68 References (2014-2023)**